

# Berkeley Mental Health Mental Health Services Act Prevention & Early Intervention Planning Process for Berkeley/Albany



#### **Community Input** from:

- Community Meetings to explain process
- Focus Groups
- Previous MHSA planning process
- PEI Surveys
- Health Status Report
- BIRI Schools MH Partnership Strategic Plan
- Community Reports—specific recommendations from community stakeholders



# **Stakeholder Prioritization & Planning** by Prevention & Early Intervention Planning

Panel

- Diverse stakeholders including
  - Consumers & Family
  - Service Providers
  - Public Health
  - Education
  - Underserved Communities
- Will prioritize needs based on the PEI State guidelines and requirements







- MHSA Steering Committee makes recommendations for final draft PEI plan
- Plan approved by Mental Health Manager
- 30 Day Public Comment Period and Public Hearing
- Finalized plan sent to State DMH and the Oversight and Accountability Commission
- OAC approves plans or requests further information
- When the plan is approved, programs can begin



# Prevention and Early Intervention Guidelines--\$600,000 annually



### **Key Concepts**

- Community Collaboration
- **Cultural Competence**
- Individual & Family Driven with focus on **Underserved Communities**
- Wellness, Recovery & Resilience focus
- Integrated Service Experience
- Outcomes-based Program Design

## **Key Community Mental Health Needs**

- Disparities in Access to Mental Health Services
- Psycho-Social Impact of Trauma
- At Risk Children, Youth and Young Adult Populations
- Stigma & Discrimination
- Suicide Risk

### **Priority Populations**

- Underserved Cultural Populations
- Individuals experiencing onset of serious psychiatric illness
- Children/Youth in stressed families
- Trauma-Exposed individuals
- Children/Youth at risk for school failure
- Children/Youth at risk of, or experiencing Juvenile Justice involvement



#### Other Guidelines

- Use evidence based program design (resources provided)
- Leveraging—value on utilizing other resources to expand strategies
- Must conduct a local outcome evaluation of one PEI Project

#### **State Administered Programs**

- Suicide Prevention
- Stigma & Discrimination Reduction
- Ethnically & Culturally Specific Programs & Interventions
- Training, Technical Assistance and Capacity Building
- Statewide Evaluation
- Student Mental Health Initiative

