

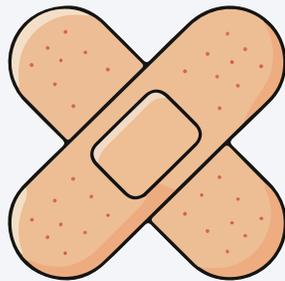
# Leptospirosis: Recommendations for the general public in northwest Berkeley

Guidance for people with access to indoor shelter, running water, secure garbage and safe food storage who also live or work in the area generally bounded by Codornices Creek, Gilman Street, San Pablo Avenue and the railroad tracks

Leptospirosis is a sickness caused by bacteria that lives in water that can spread to people and dogs. You can get it from water, dirt, or food that infected by the urine of infected rats or dogs



**Wear protective clothing**



**Cover scratches or cuts with waterproof bandages**



**Don't wade or swim in potentially contaminated water**



**Wash or shower after potential exposure**



**Clean your wounds**



**Don't touch sick or dead animals**



**Consume clear, clean, drinking-water**



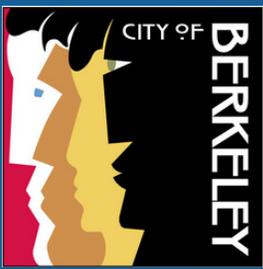
**Wash fruits and vegetables picked from gardens or farms in this area**

Leptospirosis is treatable. The disease is transmitted to humans and animals when the contaminated water touches mucous membranes – such as eyes, nose, mouth, or cuts to the skin. Most people have no symptoms. However, if you think you were exposed in this area and have flu-like symptoms – fever, chills, headache, red eyes, and muscle aches – contact your primary care provider, such as the one listed on your Medi-Cal card for an urgent appointment.

If you do not have a medical provider, contact Lifelong Trust Health Center for screening and treatment

📍 830 University Ave., Berkeley, CA 94710

Berkeley Public Health Leptospirosis voicemail to leave tips, questions: 510.981.5460, leptoinformation@berkeleyca.gov



# Leptospirosis Pet Owner Safety Guide



- VACCINATE DOGS (4-WAY LEPTO).
- CONTROL RODENTS—SEAL TRASH, REMOVE FOOD BOWLS.
- GIVE FRESH WATER ONLY—NO PUDDLES OR CREEKS.



LEPTOSPIROSIS BACTERIA LIVES IN WATER CONTAMINATED BY THE URINE OF RATS. INFECTION OCCURS THROUGH MUCOUS MEMBRANES, SUCH AS THE NOSE, MOUTH, EYES, OR OPEN WOUNDS.

## PREVENT THE SPREAD

- WASH HANDS AFTER TOUCHING PETS OR THEIR THINGS.
- NO FACE LICKING.
- USE ANTIBACTERIAL SPRAYS OR WIPES.
- SUNLIGHT KILLS GERMS—KEEP LIVING SPACE CLEAR OF WET DEBRIS.



## IF YOUR PET HAS LEPTO

- GIVE ALL MEDICINE AS PRESCRIBED.
- WEAR GLOVES WHEN CLEANING PEE.
- PICK A SUNNY POTTY SPOT AWAY FROM GARDENS AND PUDDLES.
- NO POWER WASHING—USE GENTLE RINSE AFTER DISINFECTING.
- WASH BEDDING IN HOT WATER WITH DETERGENT AND BLEACH.
- **IF PREGNANT OR IMMUNOCOMPROMISED, AVOID CLEANING UP AFTER A SICK PET FOR 2 WEEKS.**

**Stay Safe. Protect Your Pets. Protect Your Family.**