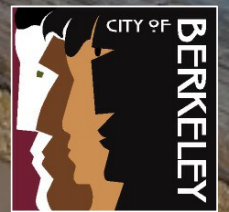
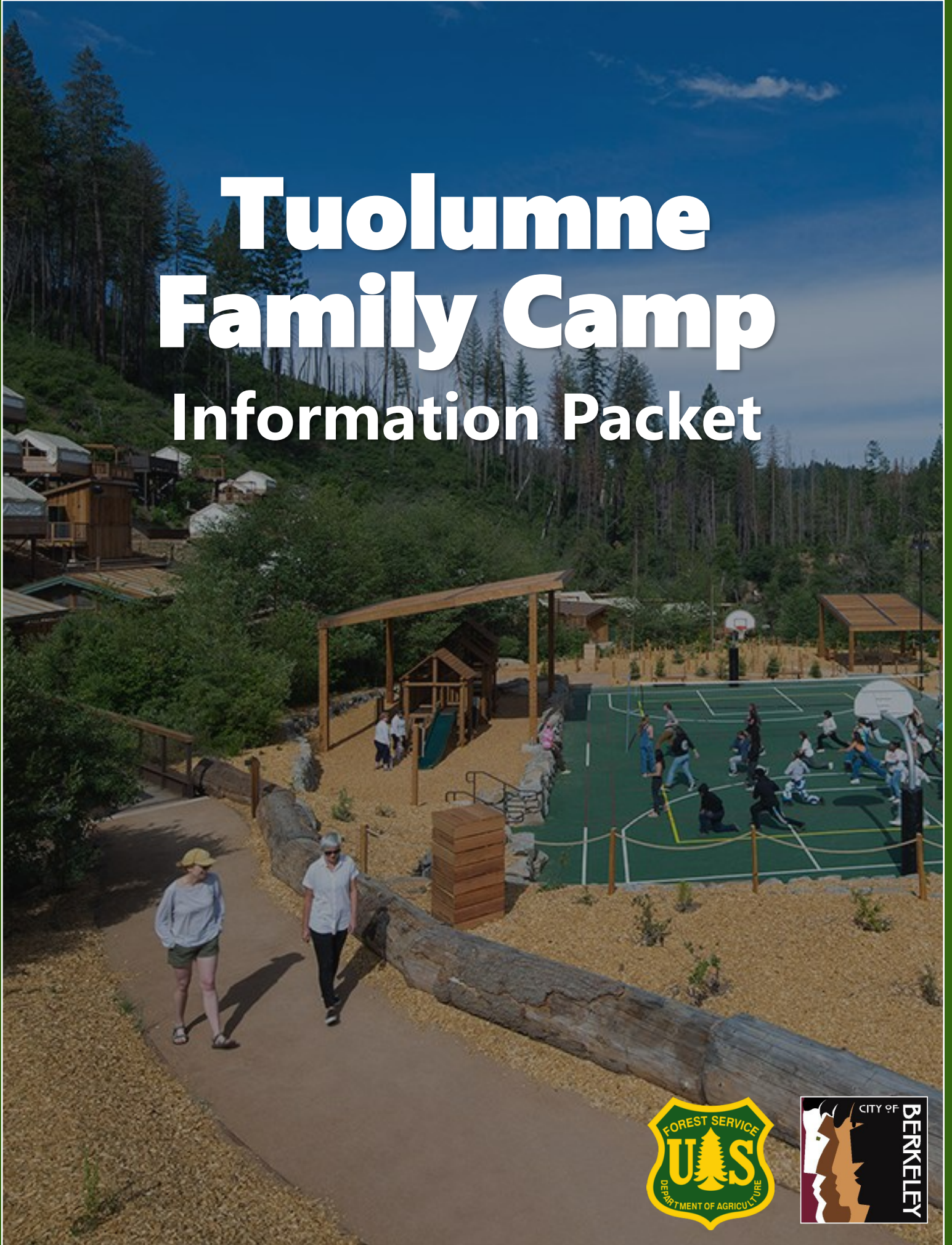


Tuolumne Family Camp Information Packet



Welcome to Camp!

We are so excited to have you join us this summer season! Berkeley Tuolumne Camp first opened in 1922 and has been serving both Berkeley residents and non-residents ever since. Tuolumne is unique because of its incredible location and variety of programs. Generations have marveled at the scenic Tuolumne river, the dark night sky and the proximity to the stunning Yosemite National Park.

Just miles outside of Yosemite National Park, Berkeley Tuolumne Camp offers incredible scenic views all around. Tuolumne Camp boasts spectacular views and excellent outdoor recreation opportunities, including swimming in the Tuolumne river, jumping off the famous Beaverhead rock, arts & crafts, archery, sports such as badminton, volleyball and basketball, campfires, dances, our legendary Staff Show, Theme Day, and more.

Camp facilities include a recreation hall, a dining hall where campers can enjoy excellent company and delicious meals, hot showers and bathrooms located throughout, and of course, a green chair circle overlooking camp and the Tuolumne river.

Whether you are a first time camper or you have been camping with us for years, we look forward to having you join us this summer! We will do everything we can to make this an unforgettable experience, and we hope this packet will help guide and prepare you for all the fun that lies ahead! Summer will be here before we know it, and we are counting down the days until we begin!

Sincerely,

The City of Berkeley Camps Team



Contact Information & Location/Directions

Contact Information

If you have questions or concerns prior to the start of camp please call the camp office at
Off-season line: (209) 962-1939 (September-May)
Summer line: (510)-981-5147 (June-August)

Camp Manager

Marissa Lopez (she/her)
malopez@berkeleyca.gov
Cell: 510-365-5005

Recreation Program Supervisor

Justin Pitcher
(510) 981-5144
jpitcher@berkeleyca.gov

City of Berkeley Recreation Office

1720 Eighth Street
Berkeley, CA 94710
(510) 981-5140

Location and Directions

Tuolumne Camp is located just outside Yosemite National Park. It takes about 3 hours to drive to Tuolumne Camp from Berkeley, CA.

Tuolumne Camp
31585 Hardin Flat Road
Groveland, CA 95321

Directions to Berkeley Tuolumne Camp from Orinda, Lafayette, Pleasant Hill and parts of Walnut Creek:

- 1) Take Highway 24 East to 680 where Oakland-Stockton Exit junctions with 580.
- 2) Take Highway 580 East to 205 East to Livermore/Tracy.
- 3) Take Highway 120 (Manteca) to Highway 99. Take Highway 99 North for about 1 mile then, look for signs to Highway 120 on right. Follow signs to Highway 120. You will drive through Escalon and Oakdale on Highway 120.
- 4) Follow Highway 120. About 25 miles after Oakdale, Turn right to follow Highway 120 as it junctions with Highway 108. Highway 120 goes all the way to Berkeley Tuolumne Camp.
- 5) About 15 Miles from that junction you will pass Don Pedro Reservoir. You will see signs for Priest Grade Road. Both "Old" and "New" Priest Grade Roads lead to the same place. Decide how steep of an ascent your car can take and pick one. The steeper one is a right turn and the less steep just keep going straight. When you get to the top continue for approximately 7 miles and you will be in Groveland, CA. Continue all the way on Highway 120 for approximately 21 more miles and you will see a sign on the right reading "Hardin Flat Rd" and "Berkeley Tuolumne Camp". If you miss this turn keep a sharp eye out and on the right you will see Yosemite Lakes Drive and a Texaco gas station. Both of these roads will take you to Hardin Flat Road.
- 6) Turn left at the bottom of the hill and it will take you into Berkeley Tuolumne Camp.

From Berkeley, Oakland or San Francisco to Tuolumne Camp:

- 1) Take Highway 580 East to 205 East to Livermore/Tracy.
- 2) Take Highway 120 (Manteca) to Highway 99. Take Highway 99 North for about one mile then look for signs to Highway 120 on the right. (See #2 above for continuation of directions to Berkeley Tuolumne Camp.)



Yosemite Trips, Local Hikes and Wildlife at Camp

Yosemite Trips

- If traveling to Yosemite, make sure you pack accordingly. If you plan on doing a solo trip, make sure you check in with the office, so we know when you plan on returning back to camp..
- Parking is very limited in the valley. Parking lots on busy weekends and holidays can fill by 9 or 10am. If you do not already carry a National Parks entrance pass, there is a fee to enter the park.



Local Hikes

We are located near the Hetch Hetchy region of Yosemite, so there are lots of enjoyable hikes within a few minutes of camp. Visit the camp office for more information and hike recommendations.

Small Falls

- The Small Falls trail is accessible from camp and begins near the road bridge leading out of camp. It is a beautiful walk with a small water fall and pools you can swim in. Note: There is no lifeguard on duty at these locations. Swim at your own risk.

Carlton Falls

- 3.0 miles, 177 ft elev. gain, 1-2 hours. Carlton Falls is a 13 minute drive from camp. Take either end of Hardin Flat Rd to 120. Turn right onto 120 then left onto Evergreen Rd after 2 miles. Arrive at Carlton Fall after another mile. This hike offers gentle incline with a short rock scramble leading to a section of cascading waterfalls into pools.

Wildlife at Camp

- While you are here at camp, please make sure to respect the wildlife that lives here. This includes creatures as small as insects up to larger animals such as bears. Do not feed any of the wildlife, as they will then become dependent on humans for food and will keep returning to the area.
- We highly encourage you to help us LEAVE NO TRACE and pick up any trash or recycling you see around camp.

Squirrels

- Camp has many resident squirrels or as we like to call them "Scruffies". Please do not feed them. Pick up any trash you see around camp and keep the dining hall doors closed during non-meal times.

Rattlesnakes

- Rattlesnakes have been known to hang out around camp. They can easily be identified by their diamond shaped head and a rattle on their tail. They are harmless unless threatened. If you do happen to see one, please let a staff member know right away and we will relocate it away from camp. Native gopher snakes look similar to rattle snakes but have a U-shaped head and do not have a rattle. Gopher snakes are not venomous.



Wildlife at Camp Continued...

Bears

- Although not common to see around camp, black bears do exist in the area. In the case that one passes through camp, there are several ways to keep ourselves and the bears safe.
- **Please do not leave food in your cars or in your cabins.** Utilize our bear bins around camp to store any food, drinks, and scented items that you may have brought with you. Camp does not provide refrigeration for camper food (aside from medications in the Camp Nurse's fridge) so please plan accordingly.
- If you happen to see a bear on site, do not approach it! Make your presence known by loudly saying "hey bear" but do not frighten the bear. Back away slowly until you are a safe distance away, then immediately report the location and nature of your interaction to camp staff. If the bear continues to approach, make yourself look big, make a lot of noise and yell "Go Away Bear! Go Away Bear!"



Skunks

- Skunks tend to frequent camp, especially if food or trash is left out. Again, skunks are harmless unless threatened. If you see a skunk, please do not startle or approach it. Utilize our bear bins to store your food.

Bobcats

- While they look small and cat like, they are also wild. Please do not feed or approach them.



Mountain Lions

- Do not approach a mountain lion. Maintain eye contact and never turn your back. Make noise by yelling or banging items together. Raise your arms and open your jacket to appear larger. Back away slowly, side-stepping if possible. Report any mountain lion sightings immediately to the camp manager.

Bats

- Bats have been spotted around camp. If one happens to fly into your cabin or any other building at camp, let camp staff know and we will remove it. Inform camp staff of any contact with a bat, including waking up with one in your cabin.



Mosquitoes

- Bug spray can be helpful to keeping mosquitoes away. Electric mosquito repelling devices can also be useful around cabins.

Wasps/Hornets/Yellow Jackets

- If you encounter these insects or their nests in your cabin or around camp, please report it to the office, Mait Dawgs, or the camp manager and it will be taken care of in a timely manner. If you are allergic to these insects, remember to bring an epi-pen or any other appropriate treatments.

Check-In & Out Procedures

Before Camp

Approximately a week before arrival (the Monday before your arrival) you will receive an email from our head of administration. This email will provide instructions on how to submit dietary restrictions, dining hall seating requests, necessary tent accommodations, and more.

Parking

Please park in the long-term parking lot (across the river from main camp), then check in at the office. ADA parking is available near the office only for those who need it. Electric vehicle charging is available in the long-term parking lot. Our temporary lot by the Rec Hall is to be used for loading and unloading only AFTER checking in and confirming a move-in time slot. After that move-in time, cars are to be moved to long-term parking. Please do not park in the area behind the dining hall as our staff need access to that area for trash runs and Sysco truck deliveries.

Check-in

Check-in will begin at 10:30am on the day of your arrival. The office closes at 6. If you are planning on arriving after 6, please let us know so that we can plan accordingly.

Tents are assigned on a first come first serve basis. Every tent and tent location is unique, with pros and cons for each. Please be aware that not everyone will get their first selection of tent and be open to alternatives.

Please inform office staff of any specific medical accommodations that might affect your tent assignment (ie ADA accessible cabins or near a bathroom).

During check-in, the office staff will verify any allergy or dietary restrictions, dining hall seating preferences, and special occasions requests.

Once you have selected your cabin, you will decide whether you want "Mait Dawgs" (camp maintenance staff) and move-in crew to help you unload, or whether you would like to move yourself. You will then sign up for a move in time slot.

After checking in, bring your car to the parking spot designated on the sign up sheet where staff will be waiting to help you with your luggage.



Check-out

Check-out time is 10:00am on your check-out day. Lunch will not be included, but feel free to stop by the sandwich bar on your way out. All campers are expected to be offsite by 10:00am on Thursday and Sunday on their respective check-out day.

Mait-Dawg assistance is available, but there is a limited amount. There will be a sign-up sheet the evening before Move-Out (Wednesday and Saturday nights) where you may sign up for a move out slot. Please note that if you are not ready at the beginning of your slot, the Dawgs will move on and we may not be able to assist you later.



Camp Staff and Counselor-In-Training (CIT) Program



Camp Staff

Our team is made up of three main departments: Recreation, Meals, and Maintenance/Administration. The recreation department runs all activities, Theme Days, the Nature Center and Kiddie Camp. The kitchen team ensures that everyone is well fed and can accommodate any dietary restrictions that may arise. The dining hall team makes sure that meals run smoothly and check-in with campers during meal times. Our maintenance team or "Mait Dawgs" are in charge of moving families in and out during arrival and departure and keeping the camp grounds in order. Lastly, our office team ensures that you have a fast and easy check in and check out process and is the best resource for any camp information and questions you may have about the surrounding area.

Tuolumne Camp staff are the heart of our camp program. We recruit staff that are excellent role models and represent the City of Berkeley Camps programs as such. Staff members are selected for their judgment, maturity, and their fun and caring attitude. Staff are energetic and personable, and are dedicated to making your family's experience memorable, meaningful, and fun.

Staff Credentials

All staff must complete the application and interview process as outlined by the City of Berkeley Recreation Department. Our staff will also have passed a criminal background check before employment.

Staff Training

Staff members complete a full week of training that covers departmental responsibilities, how to positively interact with kids, foster camp community, host games, facilitate age appropriate programming, provide quality customer service, implement emergency procedures, and apply health, safety, and risk management.

Counselors-In-Training (CIT) Program

Our Counselor-In-Training (CIT) program provides leadership opportunities for campers from 9th-11th grade. Whether your camper has attended Berkeley Camps before, or it's their first camp experience, they are sure to gain practical, hands-on experience working with kids and learn more about our camp traditions during their Counselor-In-Training experience.

The Berkeley Tuolumne Camp CIT Program is designed to provide campers an opportunity to have a meaningful, fun experience at Camp with their peers, while also developing leadership skills by contributing to camp programs. We hope that all of our CIT program participants gain an appreciation for giving back to the community, and walk away with new skills that they can use to apply to future jobs.



Accommodation and Meals

Accommodations

Our tent cabins are complete with four cots and mattresses— if your group is larger and you need more, let staff know— a shelf unit, a deck, and a view. Some cabins overlook the river; others are nestled in the hillside and have views overlooking camp. Some cabins have electricity, ramped entrances, or are located close to bathrooms. Every cabin at camp is great and unique in its own way.

If you require any special accommodations (such as electricity for a CPAP machine) or an accessible cabin, please obtain a note from your doctor and submit it to the Camps Office before you arrive at camp. We only take special requests for medical reasons; all other cabins are assigned during the check-in process.

Meal Times

- Breakfast: 8:30 AM
- Lunch: 12:30 PM
- Dinner: 6:30 PM (Saturday: 6:00 PM)
- **PLEASE DO NOT RING THE BELL WITHOUT A STAFF MEMBER PRESENT!**

Dining Hall Seating Chart

A seating chart for your family's table assignment will be outside the Dining Hall. Be sure to check the seating chart before each meal, as arrangements do occasionally change.

Meal Announcements

There are three bells that signal the approach of each meal:

- First bell rings 45 minutes before each meal
- Second bell rings 15 minutes before each meal (these serve as a heads up and allow you time to get ready – so you don't need to wear a watch while you're at camp).
- Third bell rings and it's time to eat

Please stay out of the dining hall until third bell so that kitchen and dining hall staff can set up.

After you're done eating, we ask that you clear your own dishes. Please scrape your plates into the garbage cans and put dirty dishes on the metal counter at the dish window.



Special Requests

If you have any food allergies, dietary restrictions, birthdays, anniversaries, or any special requests, please tell the office upon your arrival so that we can celebrate it! You can also tell the dining hall and kitchen staff.

Dining Hall Hours

The Dining Hall is open 24 hours a day. "Quiet Time" begins at 10:15 PM (so please lower your voices or bring out that book) and be respectful of other campers. Coffee, tea, hot water, hot chocolate, milk, and microwave are available.

Drip coffee will be available every morning starting at 7am.

Pour Over is always available

We ask that campers to pick up after themselves and wipe any spills. Board games and cards can be found at the back of the Dining Hall on the shelves. Please put away neatly after use.

Quiet Hours

Camp-wide Quiet Hours are 10:15 PM - 7:45 AM

You're welcome to stay up, but please keep noise to a minimum during this time, so that others can sleep.

Basketball lights and other camp lights will turn off at 10:15pm.

Daily Quiet Hour 1:15 PM - 2:30 PM (strictly enforced)

During this hour and 15 minutes, camp is quiet. You are free to spend time relaxing on the island or in the Dining Hall, or somewhere else around camp, but all activities must be quiet. The sports court, Rec Hall, and swimming hole are closed. If you do not wish to participate in the rest period, you may enjoy several great nearby hiking/swimming spots during this time. Headphones are the best way to listen to music while respecting camp tradition.

Recycling

Berkeley Tuolumne Camp is now able to recycle glass, aluminum, and plastic cans and bottles. Please put all recycling in the assigned bins so that we can drop it off at the recycling center.

Electronics, WIFI and Electrical Vehicle Charging

We encourage everyone to take the opportunity to unplug while at camp.

Cellular Service

- **Camp does not have any cellular service.** You will lose service after the town of Groveland as you drive to camp.

WIFI

- **Camp does not have WIFI** available. If you happen to need WIFI connection, Rush Creek Lodge is a 15 minute drive down the road. They have free WIFI available.

Camper Phone

- Camp has a camper phone located on the side of the office in order to make outgoing calls. If you wish to receive a call while at camp, have incoming callers call the main line at (209) 962-1939. Staff will take a message for you.



Electric Vehicle Charging Stations

- Please check-in with the office to obtain a key and payment instructions. Tesla adapters are not provided but campers are welcome to bring their own.



Youth Activities

An activity bell will signal the beginning of all activities. Staff will ring a bell near the Basketball Court and then shout out which activities are happening and where. This information is also posted on the Activity Board (located outside the Dining Hall), but be sure to listen closely if you want to hear what activity options are available.

Infants

There are bathtubs located in the Family Bathrooms around camp. If you need milk for late-night bottles, you can get it from the refrigerator by the coffee bar in the Dining Hall. Rocking chairs for your cabin are available for all families with children under two years old. If you need a rocking chair, please inform the office staff upon your arrival.

Kiddie Kamp

Children 2-5 years old can participate in our Kiddie Kamp, located above the office. Kiddie Kamp has programs from 9:30 AM to 12:15 PM, 1:15 to 2:30 PM, and 5:00 to 6:15 PM. Experienced staff provide supervision that ensures a safe and memorable experience for younger campers. Parents can take a break while kids can have fun playing with other campers their own age. Generally, as our staffing resources allow, we are able to accept all 2-5 year old campers on most days. We maintain a ratio of one staff to six preschoolers per session.

Please note: If your preschooler is not "potty-trained," a parent must be available at camp to change diapers. We will issue you a Kiddie Kamp pager that will call you back to Kiddie Kamp if you are needed.

6-12 Year Old's

For our most active campers, we provide a daily schedule of activities that helps ensure safety, fun, and excitement. Check the activity board for activity options and details, as they change regularly. On several weekdays, we offer "Children's Hour," an adventurous one or two hour activity period featuring hikes, games, or nature lore. "Children's Hour" is scheduled from 10:00 AM-12:00 PM, and 5:00-6:15 PM. All participants meet at the Rec Hall.

For the safety of your children, please do not allow them to walk barefooted on camp property or ride in luggage carts. Also, for everyone's safety, biking is NOT allowed within the camp perimeters.

Teen Sweat

A camp tradition for teen campers where teens utilize our sauna and then hop in the river.

Tuolumne Ranger/ Tuolumne Detective

Children have the opportunity to become a "Tuolumne Ranger" and earn a special cap by completing a cleanup, nature lore, and a camp improvement project. Obtain a list of requirements at the Nature Center. Tuolumne Detectives is for our youngest campers who will complete similar requirements to earn a certificate and magnifying glass. Sorry adults, this program is just for kids.

Nature Center

The Nature Center is located between kiddie beach and the manager's cabin. The activity board in front of the Dining Hall will have the weekly activities planned by the nature center staff. There will be a variety of arts and craft projects, nature hikes, and more. The camp's archives are located in the Nature Center as well as a wealth of reference materials, books, and information on local wildlife. Note: Parental supervision is recommended for arts & crafts activities if the child is under eight.



Adult and Special Evening Activities

Adults can swim, hike, play volleyball, badminton, or ping pong, create something in arts and crafts, or simply read, relax, meet new friends, and enjoy sharing camp’s beautiful environment with family and friends. There are also many other natural areas nearby that are only a short drive away. These include Yosemite Valley, Carlon Falls, and various other local hikes. It is hard to go wrong because you can go exploring in any direction! Out-of-camp adventures are a great choice for those who don’t want to participate in our Quiet Hour.

Also, be sure to check the Activity Board daily and listen to the “announcements” at mealtime for an update on special activities.



Artists and Scientists-in-residence

Each week, one or two talented artists and/or scientists in residence will share their art, craft, or science classes for adults to enjoy. Some of these classes might include painting, yoga, ceramics, the creation of “Tuolumne Gnomes”, geology, or forestry lessons. Classes are generally held on the Rec Hall deck, but occasionally at other locations around camp. Some of these activities may require you to sign-up on the activity board, as class-space may be limited.

Fishing

There are lots of trout in mid-July, and fishing is allowed anywhere EXCEPT in the swimming area. Traditionally, kids fish at camp and adults fish upstream or downstream away from camp. A fishing license is required for ages 16 and older. We have a fish cleaning station attached to the Nature Center where you can clean your fish. Fish you catch and don’t eat on site should be taken home with you. Parents, let the staff know about your child’s catch, and they can be announced at the next meal for catching their first fish.

Other Special Activities

Please remember to check the Activity Board (in front of the Dining Hall) and listen to mealtime announcements for other special activities – as they are always changing. There is an Adults Only Social (BYOB) on the Island and a Children's Party at Lower Beach every Tuesday at 5:30 and every Saturday at 5:00. We provide juice, mixers, and munchies.

Special Evening Activities

You and your family can enjoy a special all-camp evening activity each night. Aside from the scheduled programming, activities can include badminton and volleyball games, night hikes, star gazing, a soothing sauna, board games, and of course, reading a good book by the fireplace. Evening activities are subject to change.

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Campfire, Night Hike	Adult Social, Staff vs Camper Volleyball	Table Night	Bingo [Checkout 10:00am]	Theme Day Dance	Adult Social, Staff Show	[Check out by 10:00am]

Theme Day

Each Friday is a special themed activity day. Activities may include a festival of small games, face painting, snacks, and music all in theme. The day ends with a family dance. Costumes are highly encouraged.

General Information



Restrooms, Showers, and Laundry Facilities

All these facilities have hot and potable water. Restrooms are spread throughout all of camp. We have a washer and dryer for camper use if needed. There are tubs in the family restrooms.

Green Chair Circle

The circle of Adirondack chairs is located in front of the Dining Hall. The Green Chair Circle is a great place to read a book, meet new people, or simply relax for a while as the camp day slides by. The Green Chair Circle is the social hub of the camp, conveniently located right in the thick of the action.

Can We Build a Campfire On Our Own?

The answer is no. We do not allow campers to have open flame or heating elements of any kind at camp. This includes campfires, incense, space heaters, candles, fireworks, etc.

Fireplace in the Dining Hall

Feel free to create and enjoy the warmth of a fire in the Dining Hall fireplace or back dining hall porch. Fires should be made using kindling and tinder; we will not be using lighter fluid. Please make sure the glass window is shut and your fire is completely out when you leave.

Keep Camp Clean

Please help us keep camp clean by picking up mugs, trash, clothing items, rafts, etc., so that every camper can enjoy the pristine beauty of camp. The beautiful surroundings of Berkeley Tuolumne Camp make camp what it is, and we want to preserve it to the best of our ability. Our Mait Dawgs and Staff work hard to keep camp clean, so please help them by doing your part.

Water Conservation

Water conservation is very important at camp. We draw the water we use directly from the Tuolumne River and maintain our own water treatment system, which has its limitations. We adhere to a strict maximum capacity standard for the purpose of preserving our water system, and to allow a certain amount of water per camper per day – this amount, however, is limited. We kindly ask that you be conservative with the length of your showers and water usage in general.

Trails and Paths

Please help us minimize erosion by only using designated trails and pathways. We want to leave a minimal impact on the land we occupy and encourage the growth of vegetation as it offers shade and diverse habitat for biodiversity. Please be sure to stay clear of the reforestation plots you may see around camp, as we are growing shade for our future. Additionally, there is a sensitive preservation and protection area across from the main parking lot that is fenced off. Please do not cross the fence into that area, and make sure kids are aware of the need to stay out of this sensitive protection zone.

Help Maintain This Beautiful Forest

Berkeley Tuolumne Camp is operated under a special use permit with the Stanislaus National Forest. We are responsible for maintaining the property so future generations can enjoy it as much as we do. Per special use permit regulations, please do not alter any cabins, buildings, paths, or dig holes at camp. Any building or repairs must be completed by City staff as prior approval by the City and U.S. Forest Service is a requirement for maintaining our use permit.

How to support staff and BTC?

If you would like to express your gratitude through a donation, you can do this through the Friends of Berkeley Tuolumne Camp (FOBTC). Please make checks payable to: FOBTC/Ahwahnee Fund. If specified for BTC staff, your donation will be used to provide the staff with an end-of-the summer dinner celebration, as well as support future projects at camp. You can find envelopes for donations in the Camp Store.

Health & Safety Tips and Guidelines/Things to Note

If you need anything...

Healthcare

Berkeley Tuolumne Camp employs medical staff to assist with general first aid, and many of our staff are CPR/First Aid certified. Although families are expected to handle their own general medical needs, our medical staff are available 24/7 if you need to speak with a medical professional. In the unfortunate event that an emergency occurs, please know that camp is 45 minutes from paramedic response and the closest hospital is Sonoma Regional Medical Center, an hour drive from camp.

Our camp's health hut has limited capacity to keep campers in extended isolation. Consider that campers often feel more comfortable recuperating from certain injuries and illnesses at home. Camp fees will be refunded on a pro-rated basis when campers must return home early for medical care.

Additional Health and Safety Protocols

The health and safety of your family is our primary concern. Please inform us of any food, drug, or environmental allergies before arriving at camp. It is the parent or guardian's responsibility to provide accident and health insurance. The City of Berkeley does not provide coverage for camp participants.

Communicable Diseases, Fractures, Breaks, and Stitches

Campers with communicable diseases will not be allowed to attend camp until they are free of the disease, or until they are no longer contagious, as determined by a doctor. Campers with fractures, breaks, or stitches must have permission from their physicians to attend camp. Doctors' Notes must accompany campers or be submitted to the camp office before arrival.

Head Lice

Head lice can become an issue anytime large groups of campers gather. Because lice are easily transmitted and require several steps to eliminate, we cannot allow campers to remain at camp with untreated nits or head lice. To help ensure campers will have a positive experience at camp, it is your responsibility to check and, if necessary, treat for nits or head lice before arriving at camp.

Camp Hygiene Standards

Hygiene is very important at camp! There is a hand washing station located outside of the dining hall for campers to wash their hands before each meal. Bathrooms are inspected and sanitized each day by a member of our maintenance staff.

Giardia is a microscopic organism that is commonly found in small, local streams. Giardia can cause illness and diarrhea, so avoid swallowing any water when you swim.

Things to Note

- **DO NOT KEEP FOOD IN YOUR TENT.** Use the metal bear boxes located along the paths around camp. If you have any medically necessary items that need to be refrigerated, let the staff know, and they will store it for you.
- **DO NOT RIDE BIKES OR SKATEBOARDS** at camp. There are many roads to ride bikes on outside camp, so please help us keep the dust and collisions down.
- **NO SMOKING AT CAMP.** Smoking is not allowed on camp property, including parking lots.
- **DRINK ENOUGH WATER.** Make sure you drink enough water to keep yourself hydrated. Bring water with you while hiking and focus on keeping cool in the shade, taking breaks, and if needed hike during cooler times of the day.
- **PARKING IN ADA LOT** is for people with disabilities except during check-in. We ask that you move your car to the permanent lot by staff housing after moved in. Please do not park at the back of our dining hall blocking our kitchen doors because it blocks our food delivery and trash drop-off systems.
- **BLACK POODLE CARTS/GREEN CARTS** are for moving luggage in and out of cabins on arrival and departure days. Please return these after use and do not ride in these carts as it can be very dangerous. Green carts are for staff use only.
- **RADIOS**
 - We have two radios for emergency purposes located outside of the office as well as the nurse's station. To power on and off these radios, turn the dial on top.
 - Hold down the talk button on the left-hand side when making a call. State your location and what your need is and someone will respond to assist you.

Health & Safety Tips and Guidelines & Camp Store

Posted Rules & Signage at Camp

We ask that you follow all posted rules and camp guidelines while at camp. If you have questions about whether an activity is acceptable, please check with Tuolumne Camp Staff. To ensure the safety and enjoyment of all our campers, the following items are not allowed at camp:

- Pets (for service animals, please contact the Recreation Office before your stay to assure we can provide adequate accommodations)
- Firearms
- Fireworks
- Candles
- Kerosene lanterns or white gas
- Illegal substances
- Bug-Zappers



Lifeguards

We have lifeguards on duty at the swimming hole during swim hours that are posted on the Activities Board. When lifeguards are not present, swimming is not allowed. Also, when lifeguards are not present, please do not allow your children to play by the river.

Swimming

- The blue and white buoy line in the swim area indicates our shallow area while the red and white buoy line indicates the deep end of the swim area. If you are not a confident swimmer please stay out of the swim area. Fishing is not allowed in this area.
- Please abide by all rules and regulations the lifeguards set forth as they are looking out for your safety.
- Please do not swim in our designated swim area without a lifeguard on duty.
- Climbing up on Beaverhead Rock from the back side will not be allowed
- No diving or flips off of Beaver Head Rock!

Valuables/ Lost and Found

There are a number of locations for lost and found in camp. If you lose an item in the Dining Hall, it will be placed above the desk at the Dining Hall entrance. Any valuable item can be turned in to the office and these will be stored for safe keeping. All other items will be put in the lost and found box outside the office or on the children's beach. We generally keep lost and found items for two weeks and then donate all items to charity.

Be careful leaving valuables in your cabin, as you cannot lock it. Also, we do not recommend charging cell phones, cameras, and the like in public bathrooms and laundry facilities. Though it is unusual, valuables can be a temptation for people.

Tuolumne Camp Store

Campers can set up a store account at the Camp Store through the City of Berkeley registration portal to purchase snacks and apparel. We also carry essentials such as sunscreen, and bug spray. **The store does not accept cash**, but can accept card and apple/google pay payments.

Volunteer in the store

If you are interested in volunteering at the store, check with the store supervisor when you arrive at camp and sign up to be a store assistant. Children must be at least 5 years of age to volunteer.

Packing List

Below is a list of recommended items you may want to bring to help make you and your families stay at camp more comfortable. This is by no means a comprehensive list. You know yourself and your needs best. Feel free to add or omit items as you feel necessary, although items to shelter you from weather are HIGHLY recommended.

Tuolumne Family Camp Packing Checklist

Clothing/Apparel

For clothing, check the weather before heading up to camp and pack accordingly. Our warmest days can be around 100 degrees and nights can dip to nearly 40 degrees. Always be prepared for inclement weather.

Some items to prepare for the elements might include:

- Warm Jacket
- Rain Jacket / Pants
- Hat
- Bathing Suit
- Sunglasses

Don't forget the element of fun:

- Costumes for Friday Theme Day

Babies

- Portable Crib
- Sheets and blanket
- Mosquito net for crib
- Bottles/sippy cup
- Bib
- Eating utensils
- Pacifiers
- Baby backpack
- Warm PJ's
- Clothes
- Diapers
- Baby wipes
- Plastic bag
- Swim diapers

Shoes

- Closed-toe shoes
- Sneakers / Athletic Shoes
- Flip flops or Sandals (for the tent and showers)

Fun

- Games
- Life Jacket
- Books
- Playing cards

For the Tent

- Warm Sleeping Bag
- Extra Blanket(s)
- Pillow
- Flashlight / Headlamp
- Extra Batteries
- Twin Sheet
- Tarps, tapestries, paracord, etc. to fasten into additional shade for cabin decks
- Folding chairs

Other items

- Water Bottle (required)
- Light Day Pack (backpack)
- Beach Towel
- Camera
- Guitar / Musical Instrument
- Pens or pencils
- Sketch Pad, Books
- White T-Shirt or article of clothing for Tie-Dye

Toiletries

- Medications (turn in to Camp Staff at Check-In if for CIT camper or needs refrigeration)
- Feminine Supplies
- Bath Towels
- Shampoo/Conditioner
- Toothpaste/brush
- Chap Stick/Lip Balm
- Sun Screen
- Wash cloth
- Bug Spray
- Eyeglasses / Contacts
- Contact Solution
- Liquid soap
- Comb
- Moisturizer
- Lotion
- Band-Aids

DO NOT BRING

- Drugs, or tobacco products
- Matches or Lighters
- Pocket knives or weapons of any type
- Animals
- Expensive make-up or clothing
- Fireworks