CITY OF BERKELEY **Black Infant Health Program**

SISTER SUPPORT AND EMPOWERMENT

- Are you a Black/African-American woman that is pregnant or recently gave birth?
- Children Ages 0 to 5

Join our Melanin Mamas Club. with our free workshops and Chill 'N Chat Sessions

- "You Got This Sis"
- · "Soul Ties"
- "In My Mommy's Belly"
- · "What about my needs?"
- · "Afro Puffs"
- "Now I Know my ABC's"
- Celebrating our Families and much more!
- Referrals/ Linkages to Resources

FREE GIFT ITEMS

MORE INFORMATION:

- 510.981.5167
- SHUNTER@BERKELEYCA.GOV

West Berkeley Family Wellness Center

1900 SIXTH ST. BERKELEY, CA, 94710

ADDITIONAL SERVICES UPON ENROLLMENT









