

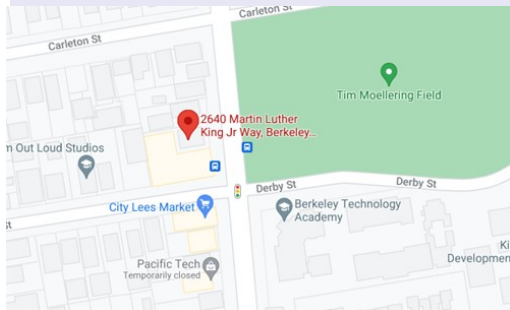
- **TAKE ACTION...**
- **GET ASSESSED...**
- **CONNECT WITH MENTAL HEALTH CARE**

WALK-IN INFORMATION

- Walk-in hours four days a week
- 10 AM to 1 PM, Monday - Thursday
- Come as you are, no required papers

BERKELEY MENTAL HEALTH ADULT CLINIC

2640 Martin Luther King Jr. Way
(at Derby St.)



Nearby public transportation
Includes



**Ashby BART
or Bus line: 12**

City of Berkeley

Mental Health Division

Adult Services Program

Crisis Assessment and Triage
Team

2640 Martin Luther King Jr. Way
Berkeley CA 94704
510.981.5244 (CAT Team)
510.981.5290 (clinic main number)

Call us :
10 AM to 5:00 PM, Monday - Friday

Walk-in hours:
10 AM to 1:00 PM, Monday - Thursday



A VIBRANT AND HEALTHY BERKELEY FOR ALL

The Mental Health Adult Services clinic is a program of the City of Berkeley's Health, Housing & Community Services Department. Our mission is to enhance community life and support health and wellness for all.



**City of Berkeley
Adult Mental Health
Services Program**

Crisis Assessment and Triage

**BERKELEY MENTAL HEALTH
YOUR CONNECTION TO CARE**

- No appointment necessary
- Walk-in hours available for people seeking services four days a week
- Screenings and assessments available during walk-in hours with licensed clinicians and experienced mental health staff
- We connect you to local care within a week

LOCATION:
Adult Services
2640 MLK Jr. Way

<https://berkeleyca.gov/safety-health/mental-health>



Welcome to Berkeley Mental Health

We are the City of Berkeley's Adult Mental Health Program, providing mental health screenings and assessments to adults in Berkeley who are uninsured or have Medi-Cal. We are the entry point to mental health care in this community and will connect you with services.

Take action to contact us or come in to our office—we can do a screening or assessment and connect you to local services within a week.

Connect to Care with our Walk-In Hours

Our program offers walk-in hours four days a week, with no appointment necessary. Nothing is needed to get a screening/assessment other than to show up during these times.

We are located at 2640 MLK Jr., Way and are available Monday — Thursday from 10am to 1pm.

What to expect during a mental health screening

The mental health screening during our walk-in and phone hours is the first step in connecting you to care, whether at our program or elsewhere in the community.

During the screening, you will meet with a mental health professional for about an hour. During the meeting, we'll confirm eligibility and ask a series of questions, similar to a doctor's appointment. If you meet our eligibility requirements, we will then have you meet with a licensed clinician to complete an assessment. This can sometimes be done on the same day.

What to expect after a mental health assessment

Within a week, you will hear from us and be connected to care, whether at our location or through other community services. We refer about three quarters of those screened/assessed to community-based services.

Eligibility

For a mental health assessment, you must live or be unhoused in Berkeley and have a mental health concern that meets the criteria set by Alameda County Behavioral Health Care Services. Additionally, you must be uninsured or have Medi-Cal, and be 18 years old or older.

Frequently Asked Questions

◆ Do you help homeless people?

Yes. As long as you are staying in Berkeley, have a mental health concern, and are either uninsured or have Medi-Cal, we can assess your needs and connect you to services.

◆ What if I'm worried about a friend or family member's mental health?

Call us at 510.981.5244 or drop in to talk to one of our staff members during our walk-in hours if you have any questions or would like to talk with our staff.

◆ Do I need to bring anything with me for the walk-in hours or the screening?

No. Nothing is required to be seen. These items are helpful to have, but we will do an assessment without them: ID, documentation of residency, any insurance, proof of income.

◆ I believe I am eligible for services. Do you have any tips for accessing care?

It is helpful to call ahead. We can confirm your eligibility by phone, which can save you time at our office.

◆ I'm with an agency and want to refer someone to Berkeley Mental Health.

You can send or bring in the person to our office during walk-in hours and/or feel free to call if you have questions or want to consult.