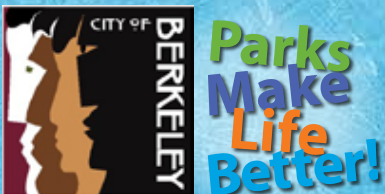


Check Out New  
Youth Classes and  
Camps!

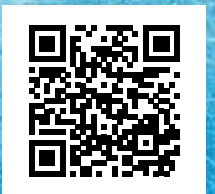


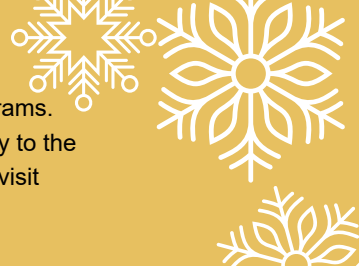
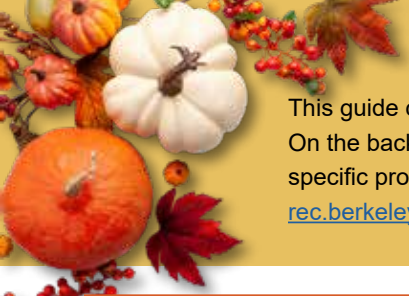
# FALL & WINTER ACTIVITY GUIDE GUIDE 2023

See Special  
Events on  
Back Page!



Register online  
[rec.berkeleyca.gov](http://rec.berkeleyca.gov)





This guide contains general information on the City's August to December Recreation Programs. On the back is a list of our Fall and Winter Special Events. Most programs are linked directly to the specific program on our online registration portal. For detailed program information, please visit [rec.berkeleyca.gov](http://rec.berkeleyca.gov).

## AFTERSCHOOL PROGRAMS



### Elementary Afterschool

**Grades K-5, 1:30-6pm**

All of the below sites have 9 school-year sessions beginning on August 16 and lasting through the end of the school year. Session 1 is August 16-September 15. Please review bus route information on the registration page to insure transportation availability. Scholarships are available.

- [Frances Albrier Performing Arts](#)
- [James Kenney Community Center](#)
- [James Kenney Therapeutic Recreation\\*](#)
- [Live Oak Community Center](#)
- [Willard Clubhouse](#)

### [Afterschool Achievers \(Middle School\)](#)

**Grades 6-8, 3-6pm**

Looking for a top-notch FREE afterschool program for middle school students that will invest in your child's education? Look no further! The Young Adult Project (YAP) got the right after-school program for your child. Our program offers opportunities for your child to engage with their school and the community. We monitor grades, visit schools, and work closely with teachers to support your child throughout the school year. 510-981-6671.

**Aug 16-Dec 22, M-F, 3-6pm, MLK Jr/YAP**

### [\\*Therapeutic Recreation Afterschool](#)

**Grades K-5.** The Therapeutic Recreation Program provides inclusive services to children with special needs in grades K-5. Our program delivers an entertaining program with just the right blend of structure and fun. Youth take part in a variety of enjoyable and challenging activities, ranging from homework assistance, to art activities, sports and games. Every day brings something new and fascinating to the table. For more information, or to schedule an intake, please call 510-981-6656.



**Echo Lake Camp**  
**100th Anniversary**  
**Celebration**  
**September 9-10**

See website for details

## SCHOOL BREAK CAMPS

### Fall Skate Park Camps **NEW**

**Ages 8-14.** Berkeley's premiere skateboard camp is open to all levels of skaters. This Half-Day camp offers campers an exciting and engaging skateboarding experience from some of the best skateboarders in the area. Learn the basics and learn new tricks to show off. Participants will need a quality skateboard, shoes, and helmet (pads recommended). Park will be closed to the public during camp hours. Bring lunch and snacks.

**Oct 14-15, Oct 21-22, SaSu, 9am-12pm, Skate Park**

### [School's Out Super Fun Camp](#)

**Grades K-5.** Join us for a fun day off of school with super fun games, creative art projects, sports, and much more! Pre-registration is required. All participants should wear weather appropriate clothing and bring a sack lunch. More info call 510-981-6651. AM and PM Extended Care available. Must register for Core Program to enroll in Extended Care.

**Oct 27, Nov 20, 21, 22, Dec 27, 28, 29, Jan 3, 4, 5**  
**Core 9am-3pm, AM 8-9am, PM 3-6pm, James Kenney**

### [Adventure Playground & Nature Center Camp](#)

**Ages 5-12.** Come join us for an exciting three-day Thanksgiving camp at the Adventure Playground and Shorebird Park Nature Center! Kids will enjoy the Adventure Playground where they can build and play then explore the rocky shores and docks around the Berkeley Marina to identify local organisms.

**Nov 20-22, M-W, 9am-3pm, Adventure Playground/Shorebird Park**

### [Chess Wizards Winter Break Camp](#)

**Ages 6-12.** Unleash your brain power with Chess Wizards! Join us for challenging chess lessons, exciting games, and cool prizes with this interactive day-camp format full of activities to keep kids both physically and mentally engaged. Half day options available.

**Dec 26-29, Tu-F, 9am-3pm or 9am-12pm/12-3pm, Live Oak**

## TOTS & PRE-K



### Pre-K Power Play

**Ages 3-5.** This early childhood education program will build skills in literacy, communication, controlling impulses, and learning classroom routines. Bilingual-Spanish speaking teacher available. Priority for enrollment:

- 1) Low-income South and West Berkeley residents;
- 2) Low-income Berkeley residents;
- 3) All Berkeley residents;
- 4) Alameda County residents. Children must be potty-trained.

Fill out registration form and income verification form.

To register, email: [ljohnson@berkeleyca.gov](mailto:ljohnson@berkeleyca.gov) or call 510-542-4221.

Aug 21-Oct 26, Nov 6-Dec 14, Jan 15-Mar 22, 9:30am-12pm, Frances Albrier.

### Pre-K Winter Fun Camp **NEW**

**Ages 3-5.** Children will have a great time singing and dancing, playing sports and games, and creating arts and crafts activities all of which are important for developing both fine and gross motor skills as well as social and emotional growth. Children must be fully potty-trained.

Dec 18-21, M-Th, 9:30am-12pm, Frances Albrier

### ~~Tots Dance~~ CANCELED

**Ages 3-5.** This class offers development in coordination, musical awareness, and listening skills while encouraging your tot's natural creativity. Dancers learn to stretch their bodies and move in new, developmentally appropriate ways. Movement games and patterns combine with favorite songs for a fun dance class!

Aug 18-Oct 27, Nov 3-Dec 22, F, 11am-12pm, Live Oak

### ~~Tots Basketball~~ CANCELED

**Ages 3-5.** This beginner's class introduce children to basic dribbling, passing, and shooting drills. All of the drills will be age appropriate. Basketballs, cones, and other equipment will be provided for the weekly class.

Aug 15-Oct 24, Oct 24-Dec 19, Tu, 10-11am, Live Oak Park

### Together Wee Play Drop-in Program (FREE)

**Ages 0-4.** This program provides a safe fun, and exciting place to parents and caregivers to play with their children. Staff facilitate with ideas and techniques for skill – building. One parent or caregiver is required for every 3 children.

Aug 28-Nov 17, MW, 9:30am-12pm, James Kenney

Aug 28-Nov 17, TuTh, 9:30am-12pm, Frances Albrier

### East Bay Music Together

**Ages 0-5.** Fun. Fabulous. Uplifting. Magical. These are just a few of the ways that parents describe Music Together. Each week in Music Together classrooms worldwide, babies, toddlers, preschoolers, big kids and the grownups who love them! Gather to make music as a community. Sing. Dance. Play. Learn.

Register at: [eastbaymusictogether](http://eastbaymusictogether.com)

### Tots Martial Arts & Fitness

**Ages 3-5.** A play based martial arts class that keeps them engaged while developing balance, coordination, and discipline. Participants will learn blocks, stances, and exercises while navigating through a fun and safe obstacle course.

Ongoing, Tu, 4-5pm, Live Oak

## SHOREBIRD PARK NATURE PROGRAMS

### Outdoor Science and Nature School Trips

**Grades K-8.** The Shorebird Park Nature Center offers science and nature field trips for kindergarten - 8th grade classes. Includes Low-Tide Discovery, Bird, Fish, and Marine Ecology programs.

Interested teachers can contact [naturecenter@berkeleyca.gov](mailto:naturecenter@berkeleyca.gov) for availability and registration details for the 2023-2024 school year.

Begins Oct 4, Shorebird Park Nature Center, \$250 per class

### Saturday Naturalist-Led Excursions at the Berkeley Marina

**All ages\*.** Trained naturalists will lead participants on excursions along the Berkeley Waterfront. This fall we offer the following programs: Bird walk, Marine biology walk, canoeing. All children must be accompanied by an adult. Some programs require a fee. \*canoeing is for ages 5+

Begins Sep 30, Sa, times varies, Shorebird Park Nature Center

### Volunteers needed for Nature Center programs

For more information, please email: [naturecenter@berkeleyca.gov](mailto:naturecenter@berkeleyca.gov)

## Adventure Playground

Saturday and Sunday, 11am-5pm  
August 19-November 5

\*Free for families and individuals\*

Daylight Savings Time  
11am-4pm, until mid March

### Group Reservations

Monday-Friday for school groups and  
Saturday and Sunday for birthday groups  
Fees vary with group size

### Afterschool Drop-In Program

Thursdays & Friday, 2:30-5pm  
Ages 7 & older can be dropped off by their  
guardian and stay in the playground.  
\$10 entry fee

For more information email:

[adventureplayground@berkeleyca.gov](mailto:adventureplayground@berkeleyca.gov)

## AQUATICS



These year-round programs at King and West Campus Pools offer a variety of swim lessons, drop-in programs, team swim, and lifeguard classes. View pool schedules below.

- [King Pool Schedule](#)
- [West Campus Pool Schedule](#)

### Drop-in Programs

Register for self-directed aquatic activities at Berkeley's King Pool or West Campus Pool. A lifeguard will be on duty during all activities. These activities will now be purchased with a daily admission ticket or a swim scan pass.

- Lap Swim
- Independent Exercise
- Senior Exercise
- Family Swim
- Community Swim

### Swim Lessons

Choose a class that best matches your child's experience level. [Pre-School Levels 1-3](#) (Ages 3-5) and [Learn-to-Swim Levels 1-6](#) (Ages 6-17).

King Pool, Tu, Th  
West Campus Pool M, W

### Every Kid to Swim

**Grades K-5.** Are you ready to learn to swim? Free swimming lessons for BUSD K-5 students. Priority given to low-income families. First come, first serve. Interest form available online. Email completed form to [tdenney@berkeleyca.gov](mailto:tdenney@berkeleyca.gov) or [tawallace@berkeleyca.gov](mailto:tawallace@berkeleyca.gov). For more info 510-981-5144  
Sep 10, 17, 24, Oct 1, 12-12:45pm or 1-1:45pm, West Campus Pool

### Berkeley Barracudas Swim Team

**Ages 5-18.** The Barracudas work with experienced coaches to build their swimming skills. Available levels are: Beginners, Advanced Beginners, Intermediate, and Advanced. Afterschool year swim team Monday-Friday, 4-5:30pm.

### Berkeley Masters

Swimmers of all abilities are welcome to join the Berkeley Master's swim team. Learn more at their website. Purchase a premium pass for 1-day, 10-swim, or 1-month drop-ins.

## YOUTH SPORTS

### Youth Pickleball Classes **NEW**

Coming September

### Let's Have Fun Multisport Class **NEW**

**Ages 7-12.** Each class will feature a sport that kids will learn and then play in a scrimmage at the end of the class. Featured sports: Baseball, Basketball, Football, Capture the Flag, Dodgeball, Soccer/Futsal, Outdoor Hockey, and Lacrosse. Learn and stay active in a fun and safe environment. Equipment will be provided.

Aug 14-Oct 23, M, 4:30-5:30pm, San Pablo Park

### Youth Boxing

**Ages 9-17.** Participants will learn the fundamentals of boxing through this exciting class. Bring hand wraps, workout clothing, tennis shoes, boxing gloves (optional), and lots of water!

Sep 1-Dec 22, MWF, 3:30-6:30pm, MLK Jr /YAP

### Youth Flag Football

**Ages 8-12.** Our league is a non-competitive program that will focus on developing fundamental football skills in a fun and safe environment. Emphasis will be on proper conditioning and warmups, footwork drills, agility, passing, receiving, and game strategies. Equipment provided.

Aug 12-Nov 18, Sa, 11am-1pm, San Pablo Park #1

### ~~Youth Futsal~~ **CANCELED**

**Ages 8-14.** Come out to the field and show us what you've got! In this skill-building futsal class, we will focus on shooting, dribbling, and passing through high energy games and drills. Players will learn to work as a team by participating in scrimmages and tournament style games in a low-pressure environment centered around having fun.

Aug 15-Oct 24, Nov 7-Dec 19, Tu, 6-8pm, MLK Jr/YAP

### Youth Hoops Basketball League

**Grades K-5.** League emphasizes skill development, teamwork, sportsmanship, and fun. Practices will be held on weeknights Monday or Wednesday starting Dec 1st at the James Kenney or MLK Jr/YAP. Players will be informed of practice/game times in advance. Games will be held every Saturday starting Jan 13th at MLK Jr/YAP. No programs Nov 25th, Dec 25-Jan 5th.

Nov 6-Mar 2, MW, 6-7pm, Sa, 9am-3pm, James Kenney, MLK Jr/YAP

### Youth Volleyball

**Grades 6-8.** Designed for players of all skill levels. Players will practice serving, digging, hitting, setting and more in this class. We will incorporate fun games and scrimmages to keep the kids engaged. Be sure your young athlete brings good sportsmanship, teamwork, and fair play to each class. Equipment provided.

Aug 18-Oct 27, **W\*, 3:30-5pm\***, James Kenney Gym  
\*Day and time change

## **Berkeley Junior Tennis Afterschool Program**

**Ages 6-15.** Open to juniors of all abilities. This program offers training in the fundamentals of tennis and beginner junior circuit match play. Our goal is to prepare you towards junior circuit tournament-level play, improving tournament results, learn winning strategies, and work on mental toughness. Multiple sessions offered.

Ongoing, Beginner to Intermediate, MWF, 4:30-6pm, San Pablo Park  
Ongoing, Advanced, TuTh, 4:30-6pm, San Pablo Park

## **Life Long Tennis Academy**

**Ages 4-15.** Beginner, Intermediate and Advanced. Our classes are customized classes based on age, skill level and experience throughout the week and they combine fun activities with lessons in leadership, teamwork, and other important concepts and principles in life.

Ongoing, Live Oak Park, details online

## **Rebound Basketball**

**Ages 2-14.** Basketball classes emphasizes skills through fun activities as well as games at the end of each day. Fee includes a ribbon award at the end of the program. Participants should wear appropriate sport clothing, to bring a water bottle and snack.

Ongoing, W, Sa, Live Oak Park (Details online)

## **Youth Evolution Basketball** **NEW**

**Ages 8-11.** These classes focus on dribbling, passing, shot technique and teamwork. Youth will be introduced to fitness and sportsmanship, providing an opportunity to be challenged through fun games and team interaction.

Sep 12-Oct 10, Oct 29-Nov 26, Tu, 4-5:30pm, Live Oak Park

## **Super Soccer Stars**

**Ages 2-7.** Our goal is to teach soccer skills in a fun, non-competitive, educational environment. Our philosophy is to use soccer to nurture, build self-confidence, and develop teamwork in every class.

Sep 9-Oct 28, Nov 4-Dec 16, Sa, Live Oak Park

# YOUTH CLASSES / CAMPS

## **Aloha Mind Math** **NEW**

**Ages 6-12.** Designed specifically for how children learn, grow and process information, the focus of the class is our innovative Abacus Methodology. *In-person orientation class on Saturday, September 16th at Live Oak.*

Online Class, Sep 16-Oct 23, M, 3:30-4:30pm

## **Cartooning Camp** **NEW**

**Ages 7-12.** Create your own characters and storylines in this unique class. Learn character development, expressions, body movement, story development and how to make detailed backgrounds using one point perspective. Create the start of a mini comic book by the end of class. All skill levels are welcomed. Note: All Materials included in pricing

Oct 1-22, Su, 10am-12pm, Live Oak



## **Winter Break Comic Camp** **NEW**

**Ages 7-12.** See description (left)

Jan 2-5, Tu-F, 10am-12pm, Live Oak

## **Winter Break Creativity Camp** **NEW**

**Ages 7-12.** Participants will be inspired by renowned fine artists, illustrators, cartoonists, architects and designers to create mixed media artworks. Names include Frida Kahlo, David Hockney, Maurice Sendak, Mary Blair, Charles Shultz and Eames. Participants will create handmade sketchbooks, pop up paper rooms, tote bags, handmade toys, paintings, and mixed media artworks.

Jan 2-5, Tu-F, 1-3pm, Live Oak

## **Kendo**

**Ages 6+.** Kendo is the modern martial art of Japanese swordsmanship. Kendo offers lifelong opportunities to strengthen and deepen character through the study of "the way of the sword". Email: [berkeleykendo@gmail.com](mailto:berkeleykendo@gmail.com). Website: [berkeleykendo.org](http://berkeleykendo.org). Registration and fee collected by the instructor.

Ongoing, minimum registration: 6 months, TuTh, 5:45-7:15pm, Live Oak  
(Iaido: Wed, 5:45-7:15pm)

## **Wado Kai Karate**

**Ages 6-15.** Wado Kai is a traditional style of Japanese Karate that teaches the fundamental skills of stances, kicks, punches and blocks.

Ongoing, Th, 4:30-5:30pm / Sa, 9:45-10:45am, Live Oak Park

## **Mixed Martial Arts** **NEW**

**Ages 5-12.** This beginners to intermediate class teaches a variety of martial arts from basic Taekwondo Palgwe forms, Olympic style Taekwondo sparring, basic boxing combinations and a handful of useful Sambo/JiuJitsu self defense techniques. All sparring is light to medium contact and will require some protective gear. This class covers from white belt to green belt. Uniform required.

Ongoing, Th, 4-5pm, Live Oak

## YOUTH CLASSES / CAMPS

### **Roblox Game Design: Virtual Winter Break Camp** **NEW**

**Ages 10-14.** Learn how to create your own Roblox Games and publish them for others to play! You will use Roblox Studio to create obstacle courses as well as story and adventure games to collect and sell items. After a few days of guided tutorials, you will be free to invent and build a game of your own design.

Dec 26-29, Tu-F, 9am-12pm, Virtual

### **Code For Fun** **NEW**

**Ages 8-14.** Learn with a leader in online and in-person coding programs for kids and teens. Enjoy engaging lessons that develop critical STEM skills with our proprietary curricula and effective hands-on projects. Learn to make games and create art with Scratch, Python and Roblox this fall.

Scratch and Python, Sep 11-Dec 18, Live Oak

Roblox camp, Dec 26-29, Virtual

### **Exploring Artistic Wonders** **NEW**

**Ages 6-9.** Welcome to "Exploring Artistic Wonders," an engaging art class that introduces younger participants (ages 6-9) to the captivating world of art. Through hands-on activities, children will learn fundamental art techniques such as drawing, painting, and mixed media collage. They will unleash their creativity while developing essential artistic skills.

Oct 14-Nov 11, Sa, 11am-12:30pm, Live Oak

### **Pottery** **NEW**

**Ages 5-11.** The Potter's Hands is a four-week (2 sessions per week) course designed to provide youth with the opportunity to explore the exciting world of pottery and create meaningful pieces. Our Intro to Pottery & Pottery Design course offers a hands-on experience for youth interested in fun, interactive craftsmanship. For more info [tawallace@berkeleyca.gov](mailto:tawallace@berkeleyca.gov)

Sep 12-Dec 14, Tu, 3-4:15pm, 4:30-5:45pm / Th, 3-4:15pm, 4:30-5:45pm, Live Oak

### **Family and Kids Yoga** **NEW**

**Ages 3-13.** A playful and connecting class for kids-- to release tension and to feel better. Class incorporates song, story, and yoga postures...kids find it fun and challenging. Children love the relaxation at the end. Enroll now to allow your kids to stretch, get stronger, and learn postures that release stress. Parents or siblings welcome to join.

Ongoing, MW, 4:30-5:30pm, Live Oak

## TEEN PROGRAMS

### **TEEN DROP-IN**

**Every Friday Night**  
MLK/YAP, 5-9 pm

### **TEEN EVENTS & TRIPS**

**Six Flags Discovery Kingdom**  
Saturday, October 14, Vallejo

**Cal Football Game**  
Saturday, November 11, UC Berkeley

**Teen Family Holiday Dinner**  
Friday, November 17, MLK/YAP

**Holiday Jingle Dance**  
Friday, December 8, Frances Albrier

Please contact Joaquim Lee at [jolee@berkeleyca.gov](mailto:jolee@berkeleyca.gov) and Jasmine Gunn-Vaca at [jgunnvaca@berkeleyca.gov](mailto:jgunnvaca@berkeleyca.gov) for teen programs.

### **Leadership for Life Academy**

**Grades 9.** This program is designed to help facilitate the transition to high school and focuses on developing leadership skills and civic engagement. We emphasize effective communication skills, life skills training, critical thinking, conflict resolution, nutrition, violence prevention, community service projects, and other important topics. Register at MLK Jr/YAP. For Berkeley High School (BHS) students only. For more info 510-981-6671.

Sep 5-Nov 9, TuTh, 3:30-5:30pm, Berkeley High School

### **Helping Hands** **NEW**

**Ages 13-17.** Are you ready to work but need a little more preparation? Could you benefit from 1 on 1 support through the process? Helping Hands is for you! Join our workshop to receive top of the line support and services for entering the workforce. We aim for continuous quality improvement through our hands-on mentorship program with a focus on professional, life skills, social emotional learning tools, and self-advocacy.

For more info [tawallace@berkeleyca.gov](mailto:tawallace@berkeleyca.gov)

Sep 13-Dec 15, W, 4-5pm, Berkeley High School

## ADULT CLASSES



### Hatha Yoga

**Ages 18+.** Stretch, strengthen and open the body with Yoga! In this class we use body postures and breathing techniques to improve strength, flexibility, balance and relaxation. Beginners are welcome. Note: yoga mats are suggested and mask are optional.

Ongoing, Sa, 9:30-11am, Live Oak

### Yoga with Shakthi **NEW**

**Ages 18+.** Release stress and tension. A yoga class with a focus on breath and alignment. Shakthi has studied in both the Astanga and Iyengar traditions, and has been teaching since 2001. Shakthi has studied with Rodney Yee, Shiva Rea, Sarah Powers, and more recently with Timothy Lynch. She has delivered thousands of hours of yoga classes, trainings, immersions, and retreats.

Ongoing, MWF, 6-7:30pm, Live Oak  
Ongoing, Sa, 9:30-10:45am

### Zumba with Bonnie Mitchell

**Ages 16+.** Zumba is a high energy Latin-inspired dance fitness class. It mixes a number of dance styles, including, but NOT limited to: Salsa, Merengue, Reggaeton and Cumbia. Note: Bring a water bottle, comfortable clothes and shoes. Be prepared to have fun and burn a lot of calories!

Ongoing, TuTh, 9:30-10:30am, Live Oak

### Aqua Zumba with Carah Herring **NEW**

**Ages 18+.** A low-impact water exercise course designed to improve muscular strength, flexibility, balance, and cardiovascular fitness. These non-swimming exercises will involve dance steps and variations to upbeat World Music. It's a fun, yet challenging water-based body toning workout. This isn't just a class - it's a party in the pool! Bring your swimsuit and a party attitude.

July 9-August 31, Su, 9-10am, West Campus Pool

### Aqua Zumba with Bonnie Mitchell

**Ages 16+.** Aqua Zumba is a low-impact water exercise course designed to improve muscular strength, flexibility, balance, and cardiovascular fitness. Non-swimming exercises will involve Latin-based dance steps and variations using Aqua Zumba dance vocabulary and music. Note: please wear aqua shoes to protect your feet.

Ongoing, M, 8-8:45am, West Campus Pool

### Life Long Tennis Academy

**Ages 18+.** Beginner, Intermediate and Advanced. Our classes are customized classes based on age, skill level and experience throughout the week and they combine fun activities with lessons in leadership, teamwork, and other important concepts and principles in life.

Ongoing, Live Oak Park, details online

### Aikido

**Ages 14+.** People from all walks of life include Aikido in their training due to its focus on non-lethal, effective, and efficient methods for subduing opponent making it one of the most popular martial arts for self-defense studied by civilians, police, and military around the world. Aikido focuses on methods of disarming, taking down, and controlling a skilled opponent. No prior martial arts experience necessary.

Ongoing, M, 6:15-7:45pm / Sa, 9:30-11am, Live Oak

### Kendo

**All Ages.** Kendo is the modern martial art of Japanese swordsmanship. Kendo offers lifelong opportunities to strengthen and deepen character through the study of "the way of the sword". Email: [berkeleykendo@gmail.com](mailto:berkeleykendo@gmail.com) Website: [berkeleykendo.org](http://berkeleykendo.org) Registration and fee collected by the instructor.

Ongoing, minimum registration: 6 months, Kendo: TuTh, 5:45-7:15pm, Live Oak (Iaido: Wed, 5:45-7:15pm)

### Wado Kai Karate

**Ages 16+.** Wado Kai is a traditional style of Japanese Karate that teaches the fundamental skills of stances, kicks, punches and blocks. Unlimited and 1-day classes available.

Ongoing, TuTh, 7-9pm / Sa, 9:45-10:45am, Live Oak

### Sirius Puppy Training

**Ages 18+.** Off-leash puppy training class: socializing your pup, modifying your pup's play style, building confidence in shy or standoffish pups and mastering off-leash control with distractions. Register at: [www.siriuspup.com/schedule](http://www.siriuspup.com/schedule)

## ADULT SPORTS

### Adult Pickleball Classes **NEW**

Coming September

### Adult Boxing

**Ages 18+.** Shape up fast and burn fat with this extreme conditioning workout!

Sep 1-Dec 22, MWF, 3:30-6:30pm, MLK Jr /YAP

### Adult Volleyball League

**Ages 18+.** Organize a team of at least six players and sign up for Berkeley's adult recreational volleyball league. Volleyball games take place in fall/winter.

The volleyball league is co-rec (open to all genders) and for any level. Each team will play twelve games during the regular season, with one scheduled game per week. Awards are provided for 1st place teams.

Registration begins Aug 1, Season begins Aug 17, Th, 7, 8, or 9pm, MLK Jr/YAP Gym

### Adult Softball League

**Ages 18+.** Organize a team of at least nine players and sign up for Berkeley's adult recreational softball league. Registration is not currently open for adult softball. Softball games take place in fall/winter (October-November).

Men's and co-rec leagues are available for novice, intermediate, or advanced level teams. Each team will play five games during the regular season. Each league will have one scheduled game per week. Awards are provided for 1st place teams.

Registration begins Sep 18, Season starts Oct 10, M-F, 7:40-8:55pm San Pablo or James Kenney Park

## ADULT DROP-IN SPORTS

### Adult Drop-in Dodgeball **NEW**

**Ages 18+.** Come join the fun with this free drop-in dodgeball league. This drop-in program is for ages 18+ of any gender to join this recreational program. Teams will be created each week based on players in attendance each night. This program will be using foam, no-sting dodgeballs.

Sep 5-Oct 10, Tu, 8-10pm, MLK Jr/YAP

### Adult Drop-in Volleyball

**Ages 18+.** Open gym volleyball for adults! Practice your volleyball skills and play in a friendly environment for all skill levels.

Ongoing, W, 7-9pm, James Kenney, \$5

### Open Gym Basketball

**Ages 18+.** Practice your basketball skills and play in a friendly environment for all skill levels. Equipment will be provided. Ongoing 7-9pm, Starting Nov, 8:15-10pm, James Kenney

### Table Tennis

**All Ages.** [Berkeley Table Tennis Club](#) (BTTC) is for people who love table tennis. BTTC plays a round robin tournament every Friday evening and has a training program and open play every Saturday.

Ongoing, F, 6:15-10:15pm, Sa, 7-9pm, James Kenney  
\$5 youth/ \$8 Adult

### Family Open Gym

**All Ages.** Gym will be open for all families to have fun playing together using our gym equipment.

Ongoing 7-9pm, Starting Nov 6, 8:15-10pm, James Kenney

## How to reserve a tennis or pickleball court

Most tennis and pickleball courts are reservable. Review list of reservable courts below. Links will direct you to the online registration portal.

Resident and Non-Resident Youth, Senior, Disabled discounts available. For more information, please contact 510-981-5150, ext 0.

### Tennis Courts

- Cedar Rose Park
- Grove Park
- James Kenney Park
- Live Oak Park
- Rose Garden
- San Pablo Park
- Strawberry Creek Park
- Willard Park

### Pickleball Courts

- Cedar Rose Park
- James Kenney Park





# Welcome to your Park

The Parks, Recreation & Waterfront Department has many ways to enjoy our parks and facilities. Learn how to rent a picnic area, community center, wedding area, or how to reserve a time slot at a sports field or court. Find out more about the Landscape Maintenance and Urban Forestry units in the Parks Division.



## PICNIC SITE RENTALS

Walk up and reservation-based picnic site rentals are available at 14 parks all around Berkeley.



## FACILITY RENTALS

We have many community centers Frances Albrier, James Kenney, Live Oak, MLK Jr. Youth Services Center/YAP.



## SPECIAL EVENT PERMITS

Plan your next event at one of our venues like a Berkeley Rose Garden or put a festival at San Pablo Park.



## SPORTS FIELD RENTALS

Reserve one of our 11 fields for recreational use, including soccer, softball, or frisbee.



## RESERVE A PICKLEBALL COURT

Pickleball courts can be reserved at either Cedar Rose Park or James Kenney Park.



## RESERVE A TENNIS COURT

Tennis courts can be reserved at 8 courts in our parks all around Berkeley.

## **Parks Division**

The Parks Division is home to the Landscape Maintenance, Facilities Maintenance, and Urban Forestry Units. The Landscape Maintenance Unit maintains all of Berkeley's parks, street medians, and triangles. The Facilities Maintenance Unit maintains and repairs recreation buildings, pools, sports fields, ball courts, children's play areas, and water fountains, benches, and other park features. The Urban Forestry

Unit responds to tree-related emergencies 24/7 and performs tree maintenance year-round.



## LANDSCAPE MAINTENANCE

[parks@berkeleyca.gov](mailto:parks@berkeleyca.gov)  
510-981-6660

Tree maintenance consists of pruning, removing, and planting trees; and other tree-related duties.



## URBAN FORESTRY

[trees@berkeleyca.gov](mailto:trees@berkeleyca.gov)  
510-981-6660

For general inquiries, email [PRW@berkeleyca.gov](mailto:PRW@berkeleyca.gov)

# Experience the Waterfront

Visit the parks, restaurants, activities, and experiences located at the Berkeley Waterfront. View the [Berkeley Waterfront Map](#) and read below for details about attractions offered.



## **SHOREBIRD AREA**

Learn about the wild species who call the Waterfront home at the [Nature Center](#), play at Shorebird Playground & Park, and enjoy the neighboring Shorebird Beach.



## **PICNIC SITE RENTALS**

Walk up and reservation-based picnic site rentals are available at Shorebird Park and César Chávez Park.



## **PRIVATE BUSINESSES**

A number of private businesses offer opportunities to dine, stay, learn, shop, or play at the Waterfront.



## **BERKELEY MARINA**

The Marina is home to permitted cruising, events, and fishing charter boats that can take you out on the Bay. You can also rent a slip as a liveaboard or recreational boater.



## **SPECIAL EVENT PERMITS**

Plan your next event at the Berkeley Waterfront. From weddings to parties, the Waterfront is the perfect backdrop for bringing people together.



## **DINING & HOSPITALITY**

Businesses include: Berkeley Boathouse Restaurant, Hana Japan restaurant, Skates's on the Bay restaurant, & DoubleTree Hotel.



## **CESAR CHAVEZ PARK**

Experience stunning Bay views, nature, perfect picnic areas, Bay-side trails, public art and an off-leash dog area.



## **ADVENTURE PLAYGROUND**

National Geographic and Architectural Digest have featured this unique play area where kids can get creative by designing their own forts with reclaimed construction materials, and ride a zipline.



## **WATER RECREATION**

Organizations include: Berkeley Marine Center, Berkeley Racing Canoe Club, Berkeley Sportsman's Center, Cal Adventures, Cal Sailing Club, Modern Sailing, & Berkeley Yacht Club.

For more information, email [marina@berkeleyca.gov](mailto:marina@berkeleyca.gov)

# Capital Improvement Projects

Under Construction 2023



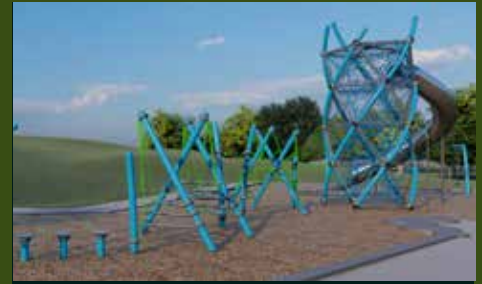
## **AQUATIC PARK**

Three projects will improve access on east Bolivar, establish ADA parking at lagoon access and plant 100's of native plants and trees.



## **GILMAN SEWER LINE**

New sewer line on Gillman St, west of freeway, is required before construction of the new restrooms, community space, pickleball courts and under 8 soccer fields for Tom Bates Sports Complex.



## **GROVE PARK**

The sports field renovation includes a new backstop, grading and irrigation. In addition, both the 2-5 and 5-12 play structures will be replaced.



## **OHLONE PARK**

New 2-5, 5-12 wooden play structures are being added along with a garden and pathways around the existing indigenous art work.



## **ADELINE AREA IRRIGATION**

The irrigation system in South Berkeley/Adeline area will be assessed and re-established. Main Line irrigation at San Pablo will be replaced.



## **SOLANO PERALTA PARK**

New wooden log climbing structure and water play element will be added to the sand area.



## **TUOLUMNE CAMP**

EV Charging stations will be added to Camp this Fall and will be ready for use next summer.



## **WATERFRONT**

Three current projects: Timber piling replacements, new O & K electrical, and Phase 4 of finger dock replacement will be completed by the end of 2023.

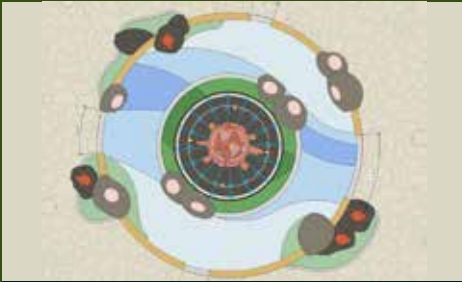


## **SPORT COURTS**

Cedar Rose, San Pablo, Greg Brown, Ohlone, James Kenney and Glendale La Loma basketball, tennis and pickleball courts will be resurfaced and repainted.

# Capital Improvement Projects

Upcoming Construction in 2024



## **CIVIC CENTER PARK**

The Turtle Island Monument Project, which honors indigenous people in America, will restructure the fountain and replace upper plaza stonework.



## **WILLARD CLUBHOUSE**

The clubhouse will be replaced with a new larger structure that will serve the community with recreation programs.



## **HARRISON PARK**

The restroom will be renovated to include easier and safer access.



## **MARINA DREDGING**

This 7.6M project will dredge the main channel and entrances to the Marina.



## **OHLONE PARK**

Existing porta potties by the basketball courts will be replaced with a new, prefab, permanent restroom and additional lights will be installed in existing dark spots throughout the park.



## **SANTA FE TRACKBED TO PARK**

The remediation phase of the project will begin construction in 2024 and clean up contaminants left behind by the site's historic railroad use.



## **D & E DOCKS IN MARINA**

This 8.3M project will completely replace the original D & E docks. These docks will look similar to the above image.



## **SOUTH COVE PARKING**

The western part of the south cove parking lot will be paved and will include 10 EV charging stations.



## **COMMUNITY GARDEN**

The lot attached to the Berkeley Way Mini-Park that borders University Ave. will turn into a community garden in late 2024.



**Carla Clay**  
Comics Unleashed  
with Byron Allen

# Live Oak Laughs



**Chazz Hawkins**  
SF Punchline



**David Nguyen**  
SF Sketchfest

**Stand Up Comedy for Adults 18+**

Hosted by  
**Molly Sokhom**

**Friday, September 15**

**Live Oak Theater**  
1301 Shattuck Ave.  
Berkeley, CA 94709

**\$15**

Tickets available  
online

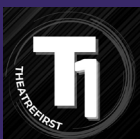
[rec.berkeleyca.gov](http://rec.berkeleyca.gov)

**Doors open 7:30 pm**  
**Show at 8:00 pm**

## Parent's Night Out

If you're looking for a little break from the kids, we will have staff onsite to watch them while you enjoy the show or have a nice dinner away. We'll have arts & crafts, a movie, and snacks to keep them busy.

**Drop-off between 6:30-9:00 pm, pick-up by 10:00 pm,**  
**\$20 per child (ages 5-13), Pre-registration required at**  
[rec.berkeleyca.gov](http://rec.berkeleyca.gov)




For more information, contact 510-981-6691 or email Brian Legaspi, [blegaspi@berkeleyca.gov](mailto:blegaspi@berkeleyca.gov)

# FALL & WINTER EVENTS

Most events listed below are either linked to the online registration portal or the event webpage.

Date	Day	Time	Event	Location
AUG 11	F	8:15pm	<u>Movies in the Park (Turning Red)</u>	Cedar Rose Park
AUG 19	Sa	9-11am	<u>3rd Saturday Shoreline Cleanup</u>	Shorebird Nature Center
AUG 25	F	8pm	<u>Movies in the Park (Strange World)</u>	Willard Park
SEP 8	F	7:30pm	<u>Movies in the Park (Vivo)</u>	Glendale La Loma Park
SEP 9	Sa	9am-1pm	<u>Ohlone Park Ribbon Cutting &amp; Tree Planting</u>	Ohlone Park
SEP 15	F	7:30pm	<u>Live Oak Laughs Comedy Show (Ages 18+)</u>	Live Oak Theater
SEP 16	Sa	9-11am	<u>3rd Saturday Shoreline Cleanup</u>	Shorebird Nature Center
SEP 22	F	7:15pm	<u>Movies in the Park (The War with Grandpa)</u>	Codornices Park
SEP 23	Sa	9-11am	<u>California Coastal Cleanup Day</u>	Shorebird Nature Center
SEP 29	F	7-9pm	<u>S'mores and Sing-a-long</u>	Codornices Park
SEP 30	F	7pm	<u>Movies in the Park (Wings of Life)</u>	Shorebird Park
OCT 4	W	9am-12pm	<u>John Hinkel Park Tree Planting</u>	John Hinkel Park
TBD	Sa	9am-12pm	<u>Aquatic Park Tree Planting &amp; Celebration</u>	West side of Aquatic Park
OCT 21	Sa	11am-4pm	<u>Harvest Festival</u>	Cedar Rose Park
OCT 21	Sa	9-11am	<u>3rd Saturday Shoreline Cleanup</u>	Shorebird Nature Center
OCT 28	Sa	10am-12pm	<u>Halloween Howl Dog Parade &amp; Costume Contest</u>	James Kenney Park
OCT 28	Sa	1-3pm/4-6pm	<u>Floating Pumpkin Patch</u>	West Campus Pool
OCT 28	Sa	6-10pm	<u>Halloween Skate Jam</u>	Skate Park
OCT 31	Tu	4-6pm	<u>Halloween Parade &amp; Costume Contest</u>	San Pablo Park
OCT 31	Tu	6-9pm	<u>Haunted House of Screams</u>	MLK Jr Youth Services Center/YAP
NOV 18	Sa	9-11am	<u>3rd Saturday Shoreline Cleanup</u>	Shorebird Nature Center
NOV 18	Sa	11am-2pm	<u>Pandemonium Color Run</u>	Live Oak Park
DEC 2	Sa	10am-1pm	<u>Tots Winter Carnival</u>	Frances Albrier Community Center
DEC 8	F	6-9pm	<u>Holiday Jingle Dance</u>	Frances Albrier Community Center
DEC 9	Sa	8:30-11am	<u>Pancake Breakfast with Santa</u>	Live Oak Community Center
DEC 16	Sa	9-11 am	<u>3rd Saturday Shoreline Cleanup</u>	Shorebird Nature Center



*Holiday Gift Program*

During the holidays, staff match unboxed and in-need families with Adopt-a-Family donors to help fulfill wish lists. If you would like to be a donor, please email Wanda at [wwilliams@berkeleyca.gov](mailto:wwilliams@berkeleyca.gov).



**HOLIDAY FOOD DRIVE**

The Therapeutic Recreation Program is hosting a holiday food drive during the month of November. Pantry donations can be made at all Berkeley Public Libraries, Police Station, Community Centers and Pools.

For more info 510-981-6656

*Thank you!*  
TO OUR DONORS

Michelle Munson and Serban Simu Trust  
Trees at John Hinkel and Indian Rock Park

Friends of the Berkeley Rose Garden  
New amenities and roses

Berkeley Echo Lake Camp Association  
Trail Improvements and scholarship funding

Friends of Berkeley Tuolumne Camp  
Trees, Trails and employee recognition