

FREE YOGA CLASS

EVERY TUESDAY/THURSDAY STARTING
JULY 29, 2025 FROM 4:30PM-5:30PM
excluding federal holidays
1900 6TH ST BERKELEY, CA 94710



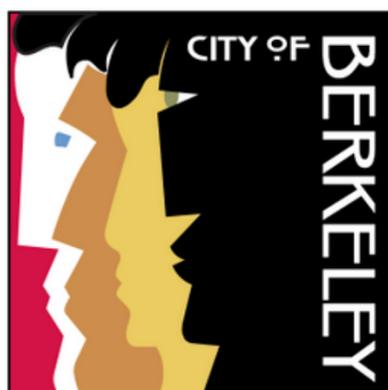
Accessible yoga for all body types and all ability levels! Spaces are limited and will fill up fast. To reserve your spot, scan the QR code below or call us at **510-981-5350**. Walk-ins are also welcome as space allows.



SCAN ME



*Thursday
classes bilingual
in Spanish*



HEALTH, HOUSING,
AND COMMUNITY
SERVICES

*Yoga
equipment
will be
provided*