

Mental Health Awareness – Berkeley Mental Health

4 hours

Topics Covered:

- Overview of Berkeley Mental Health and Alameda County Mental Health services, practices, and resources.
- History of deinstitutionalization and the development of the Mobile Crisis Team in Berkeley. Mobile Crisis Team's role and tasks in conjunction with the Berkeley Police.
- Review of most common mental health diagnoses we encounter in the field, how to better understand the issues, speak with patients, offer care, and assist Berkeley Mobile Crisis.
- Common psychiatric medications.
- Incarceration: rates of mental health, suicide, abuse of medications/drugs/alcohol, etc.
- 5150 W&I paperwork: Understanding the criteria, writing a factually and helpful report for doctors, using correct and precise language, what happens at and after the hospital.