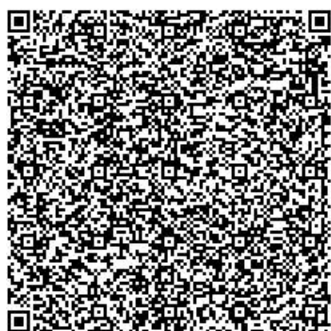


Free Smoking Cessation Classes



Facilitated by Tino Ratliff

Certified Freedom From Smoking Facilitator



What: A **FREE** 8-session smoking cessation program (ask about the **\$25 gift card for those who complete the classes**)

Who: **ANYONE 18+** who is ready to quit smoking for good and lives in Berkeley or the Bay Area

* Where: **online classes** (login information given after registration is complete)

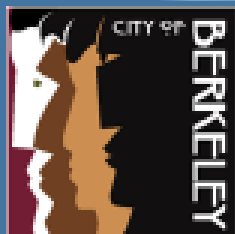
When: **We offer classes twice a year, Thursday Evenings from 6-8pm**

Contact us for information on upcoming classes

Quit Smoking Classes **proven effective** by the American Lung Association!

To Register or for more information use the **QR code to email us or use our contact information below.**

E-mail: QuitNow@cityofberkeley.info Or
Call: **(510) 981-5330**



Health, Housing & Community
Services Tobacco Prevention
Program
1947 Center Street, 2nd Floor
Berkeley, CA 94704
quitnow@cityofberkeley.info

