

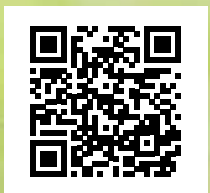


SPECIALTY CAMPS & PROGRAMS



**Parks
Make
Life
Better!**

Register online:
rec.berkeleyca.gov



SUMMER CAMPS, YOUTH, TOTS, AND ADULT CLASSES STILL AVAILABLE!

We have amazing, unique, specialized camps and classes throughout Summer and some all year-round! These programs are located at Live Oak Community Center, 1301 Shattuck Ave, unless otherwise noted. See brief descriptions in this guide, but you can find out more details about each program in our online registration portal, rec.berkeleyca.gov.

Summer Camps



Cartooning, Creativity & Portfolio Camps (NEW)

Ages 7-12. Participants will create their own characters and mini comic book stories in Comics Camp. In Creativity Camp, students will work in Mixed Media. Portfolio Camp teaches students how to draw and paint from life using pencil, colored pencil, and watercolor. Note: All Materials included in pricing.

Two Sessions: July 24-28, August 7-11, M-F, 10am-12pm and 1-3pm

Chess Wizards Summer Camp

Ages 6-12. Unleash your brain power with Chess Wizards! Join us for challenging chess lessons, exciting games, and cool prizes with this interactive day-camp format full of activities to keep kids both physically and mentally engaged. Note: Each camper receives a puzzle folder, T-shirt, and Trophy. Student to teacher ratio: 14 to 1

Two Sessions: July 17-21, August 7-11, M-F, 9am-3pm or 12-3pm

Fashion Design (NEW)

Ages 6-12 & 13-16. This camp is perfect for a young fashionista who wants to learn how to make their own clothes. Mood boards, sketching the fashion figure or croquis, designing fabric and learning about a fashion designer each week is all part of the fun! Students will leave with sewing projects, their full fashion collection illustrations and celebrate what they design with an end of session fashion show.

Five Sessions: July 10-August 11, M-F, 9-11 am or 12-2pm

Athena Coding (NEW)

Ages 6-12. Our individualized instruction for a beginner, supplement to an in-school programming. Film Making, Roblox, Game Design, Minecraft and more!

Five Sessions: July 3-August 4, M-F, 9am-12pm or 1-4pm

KidzToPros (NEW)

Grades K-2 & 3-5. Kidztopros truly offers it all with STEM, sports and arts activities throughout the week. Sessions include coding game design, music production and Lego robotics.

Four Sessions: June 26-July 28, M-F, 9am-3pm or 9am-12pm

Lil Ninja Warriors - Xfit Training (NEW)

Ages 5-12. X-Fit's Lil Ninja Warrior Camp is designed for children of all levels. Your Lil Ninjas will be getting physically fit, overcoming different obstacle courses, developing their balance, control and motor skills while having fun!

One Session: July 31-August 4, 1-4pm, Live Oak Park

Youth Evolution Basketball & Youth Evolution Soccer (NEW)

Ages 5-7 & 8-11. These camps focus on dribbling, passing, shot technique and teamwork. Children will be introduced to fitness and sportsmanship, providing an opportunity to be challenged through fun games and team interaction.

Sessions: July 24-August 4, Live Oak Park (more details online)

Life Long Tennis Academy

Ages 6-13 & 10-15. Students will be introduced to the basic skills; forehand, backhand, serve, and game rules. We have beginner through advanced classes. Learning made fun through group games and point simulation.

Sessions every week: July 3-August 11, Live Oak Park (details online)

Rebound Basketball Academy Summer Camp

Ages 5-10 & 8-14. Summer camps emphasize basketball skills through fun activities as well as games at the end of the day. Join us for the fun.

Three Sessions: July 10-14, July 24-28, August 7-11, M-F, 9am-12pm
Live Oak Park

Tots and Youth Classes



TOTS

Cooking Round the World (NEW)

Ages 3-5. International cooking for tots! Bi-weekly 1 hour cooking lessons for children ages 3-5. Recipes are all simple international recipes and age appropriate. Children use plastic knives. Class will include a simple cooking demonstration, simple map education, cooking and eating of one recipe per class. Cooking Round the World supplies aprons, eatware, cookware and food.

Six Sessions: July 3-August 11, M-F, 11am-12pm, Virginia McGee Totland

Creative Tots (NEW)

Ages 2-4 & 5-7. The Creative Tots Workshop is a class designed to provide children with an outlet to express their imagination through various art forms such as acrylic painting, coloring, crafting, drawing, and watercolor. Each lesson is unique and adventurous, intending to create a stimulating environment for an enjoyable, meaningful, and engaging art experience for every child.

Six Sessions: July 3-August 11, TuTh, Virginia McGee Totland 9:30-11am (Ages 2-4), 11:30am-1pm (Ages 5-7)

East Bay Music Together

Ages 0-5. Fun. Fabulous. Uplifting. Magical. These are just a few of the ways that parents describe Music Together. Each week in Music Together classrooms worldwide, babies, toddlers, preschoolers, big kids—and the grownups who love them!—gather to make music as a community. SING. DANCE. PLAY. LEARN. Register at: eastbaymusictogether.yourvirtuoso.com/Schedule

Live Oak Park (more details online)

Tots Martial Arts & Fitness

Ages 3-5. A play based martial arts class for 3-5 yrs. That keeps them engaged while developing balance, coordination, and discipline. Participants will learn blocks, stances, and exercises while navigating through a fun and safe obstacle course.

Two Sessions: July 4-August 31, TuTh, 4-5pm Live Oak Community Center



YOUTH

Cooking Round the World (NEW)

Ages 6-12. Cooking Round the World voted 2021 “Best of” in Parents’ Press Reader’s Choice awards. Cooking, hands-on learning, trying new foods. Health and safety protocol is strictly adhered to. There are no nuts in any recipe. Wearing a mask is optional. All materials included. Multiple sessions offered. Note: Session price includes \$100 materials fee for food and all cooking supplies.

Five Sessions: July 10-August 4, Live Oak and James Kenney Community Center, M-F, 3-4:30pm

Exploring Artistic Wonders (NEW)

Ages 6-9. Engaging art class that introduces younger participants to the captivating world of art. Through hands-on activities, children will learn fundamental art techniques such as drawing, painting, and mixed media collage. They will unleash their creativity while developing essential artistic skills.

Sessions: July 8-29, Sa, 11am-12:30pm, Live Oak Community Center

Kendo

Ages 6+. Kendo is the modern martial art of Japanese swordsmanship. Kendo offers lifelong opportunities to strengthen and deepen character through the study of “the way of the sword”. Email: berkeleykendo@gmail.com.

Website: berkeleykendo.org. Registration and fee collected by the instructor.

Sessions year-round: Minimum registration: 6 months, TuTh, 5:45-7:15pm, Live Oak Community Center (see fees online)

Super Soccer Stars

Ages 2-7. Our goal is to teach soccer skills in a fun, non-competitive, educational environment. Our philosophy is to use soccer to nurture, build self-confidence, and develop teamwork in every class.

Sessions: July 3-August 26, Sa, Live Oak Park (more details online)

Wado Kai Karate

Ages 6-15. Wado Kai is a traditional style of Japanese Karate that teaches the fundamental skills of stances, kicks, punches and blocks.

Sessions: July 1-August 26, ThSa, Live Oak Park (more details online)



Adult Classes



Hatha Yoga

Ages 18+. Stretch, strengthen and open the body with Yoga! In this class we use body postures and breathing techniques to improve strength, flexibility, balance and relaxation. Beginners are welcome. Note: yoga mats are suggested and mask are optional.

Sessions: June 10-July 29, Sa, 9:30-11am, Live Oak Community Center

Yoga with Shakthi (NEW)

Ages 18+. Release stress and tension. A yoga class with a focus on breath and alignment. Shakthi has studied in both the Astanga and Iyengar traditions, and has been teaching since 2001. Shakthi has studied with Rodney Yee, Shiva Rea, Sarah Powers, and more recently with Timothy Lynch. She has delivered thousands of hours of yoga classes, trainings, immersions, and retreats.

Sessions: July 1-31 (more details online)

Zumba with Bonnie Mitchell

Ages 18+. Zumba is a high energy Latin-inspired dance fitness class. It mixes a number of dance styles, including, but NOT limited to: Salsa, Merengue, Reggaetón and Cumbia.

Note: Bring a water bottle, comfortable clothes and shoes. Be prepared to have fun and burn a lot of calories!

One Session: August 15-31, TuTh, 9:30-10:30am

Aqua Zumba with Carah Herring (NEW)

Ages 18+. A low-impact water exercise course designed to improve muscular strength, flexibility, balance, and cardiovascular fitness. These non-swimming exercises will involve dance steps and variations to upbeat World Music. It's a fun, yet challenging water-based body toning workout. This isn't just a class - it's a party in the pool! Bring your swimsuit and a party attitude.

July 9-August 31, Su, 9-10am, West Campus Pool

Aqua Zumba with Bonnie Mitchell

Ages 18+. Aqua Zumba is a low-impact water exercise course designed to improve muscular strength, flexibility, balance, and cardiovascular fitness. Non-swimming exercises will involve Latin-based dance steps and variations using Aqua Zumba dance vocabulary and music.

One Session: August 14-31, M, 8-8:45am, West Campus Pool

Aikido

Ages 14+. People from all walks of life include Aikido in their training due to its focus on non-lethal, effective, and efficient methods for subduing opponent making it one of the most popular martial arts for self-defense studied by civilians, police, and military around the world. Aikido focuses on methods of disarming, taking down, and controlling a skilled opponent. No prior martial arts experience necessary.

Session: July 1-August 31, MSA, 6:15-7:30pm

Kendo

All Ages. Kendo is the modern martial art of Japanese swordsmanship. Kendo offers lifelong opportunities to strengthen and deepen character through the study of "the way of the sword". Email: berkeleykendo@gmail.com.

Website: berkeleykendo.org. Registration and fee collected by the instructor.

Sessions: June 6-August 31, 5:45-7:15pm

Tennis with Scott Felluss (NEW)

Ages 18+. Beginner sessions are for those who are completely new to the sport of tennis or have had a few lessons before and are looking to improve their game. Intermediate sessions are for those who are playing more competitively, have honed their strokes and can consistently rally with opponents in competitive environments. Advanced Sessions are for those who are seeking to win highly competitive contests and tournament play and are playing, or looking to play, in Division 1 college or on the ATP/WTA tour.

Two Sessions: July 1-31, August 1-31, Rose Garden (more details online)

Wado Kai Karate

Ages 16+. Wado Kai is a traditional style of Japanese Karate that teaches the fundamental skills of stances, kicks, punches and blocks. Unlimited and 1-day classes available.

TuTh 7-9pm, Sa 9:45-10:45am Live Oak Community Center
(more details online)

Sirius Puppy Training

Ages 18+. Off-leash puppy training class: socializing your pup, modifying your pup's play style, building confidence in shy or standoffish pups and mastering off-leash control with distractions. Register at: www.siriuspup.com/schedule
(more details online)