



Commission on Aging  
Odile Lavault, Vice Chair  
Darlene Bronson, Commission Secretary

## COMMISSION ON AGING REGULAR AGENDA

Wednesday, January 15, 2025  
North Berkeley Senior Center  
1:30 p.m. – 3:30 p.m.

### Preliminary Matters

1. Call to Order by Vice Chair Odile
2. Roll Call by Secretary
3. Public Comments  
The public may comment about any item not on the agenda. Public comments are limited to two minutes per speaker. Public comments regarding agenda items will be heard while the Commission is discussing the item.
4. Approval of minutes from November, 2024 (Attachment A)

The Commission may discuss any subject listed on the Agenda. Public comments regarding agenda items will be heard while the Commission is discussing the item. Public comments are limited to two minutes per speaker.

### Presentation

1. Presentation Proposal: Closure of ASEB, Odile Lavault

### Staff report

Darlene Bronson; Resources for assistance for families affected by Alzheimer's of the East Bay Closure. CEI and Family Bridges have the only remaining day programs. Information provided by Lifelong Medical Care (Katherine Stambaugh, Geriatric Director)

1. Center for Elders Independence, a PACE program: <https://cei.elders.org/>
  - locations in Berkeley, Downtown Oakland, East Oakland, San Leandro
  - free for people with Medicare and Medi-Cal (must have both)
  - includes ADHC as well as all other medical services
  - requires switching to a CEI doctor
  - would have to give up current IHSS provider and use a CEI worker instead
2. Family Bridges / Hong Fook Centers: <https://www.familybridges.org/hong-fook-cbas-centers/>
  - an ADHC located in downtown Oakland
  - most similar to ASEB in terms of services (day program, hot lunch, OT/PT, transportation)

- free with Medi-Cal
- Asian cultural focus (near Chinatown, has lots of Asian participants) but Asian heritage is not required
- 3. GUIDE services: <https://www.cms.gov/priorities/innovation/innovation-models/guide-a-new-Medicare-benefit> (just getting started)
  - provides assistance with care navigation & medical advice (NOT a day program)
  - free for people with traditional Medicare (can't be in a Medicare plan like Aetna)
  - will offer some caregiver respite starting in July- a local organization that is starting to offer this service is HottoCare: <https://www.hottocare.com/>
- 4. Alzheimer's Association: <https://www.alz.org/> :24/7 telephone support for caregivers: **800.272.3900**

### **Discussion / Action Items**

1. Senior Resource fair, Phyllis Orrick & Roni Cochran
2. Parks and Recreation Department, intergenerational activities, Darlene Bronson
3. Pre-election discussion in preparation for February voting
4. Graham Chisholm suggested the commission provide input on the implementation of the newly passed Measure FF and schedule a presentation on FF at a future meeting. We could possibly have a staff person from the transportation department

### **Commissioner reports**

None

### **Information Items**

1. \*\*Please submit all agenda items by Monday, February 3<sup>rd</sup> to the Commission Secretary, for the February 19<sup>th</sup> meeting only.

### **Items for Ongoing Discussion**

### **Adjournment**

#### **COMMUNICATION ACCESS INFORMATION**

This meeting is being held in a wheelchair accessible location. To request a disability-related accommodation(s) to participate in the meeting, including auxiliary aids or services, please contact the **Disability Services Specialist at 981-6418 (V) or 981-6347 (TDD)** at least three business days before the meeting date. Please refrain from wearing scented products to this meeting.

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Any writings or documents provided to a majority of the Commission regarding any item on this agenda will be made available for public inspection at the North Berkeley Senior Center located at 1901 Hearst Avenue, during regular business hours. The Commission Agenda and Minutes may be viewed on the City of Berkeley website: <http://www.cityofberkeley.info/commissions>.

**Secretary:**

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