

Agenda Item 12. Proposed FY2023-24 PRW capital projects budget

Parks, Recreation & Waterfront
Proposed FY23-24 CIP projects
 March 2022

Project	FY23			FY24		
	Parks Tax	CIP	Marina Fund	Parks Tax	CIP	Marina Fund
Tom Bates Annual Contribution	15,000			15,000		
Tom Bates Field House and Restroom Sewer Line Contingency	125,000					
Aquatic Park Bolivar Improvements (600 Addison): Construction Management & Inspection	100,000			100,000		
Tree Planting in Non-Grant Areas	75,000			75,000		
Grove Park Sports Field, Picnic and 2-5, 5-12 Play Structures	750,000	400,000				
Cedar Rose 2-5 and 5-12 Play Structures				875,000	400,000	
Marina Capital: Main docks, finger docks, & associated infrastructure			350,000			350,000
Total	1,065,000	400,000	350,000	1,065,000	400,000	350,000

PARKS AND WATERFRONT COMMISSION

RECENT COUNCIL REPORTS

The following council reports are available for review at the Parks Recreation & Waterfront Department administrative desk, 2180 Milvia Street, 3rd floor, or can be accessed from the City Council Website by using the following URL's:

March 8, 2022

8. [Measure T1 Contract: Western Water Features Inc. for the King Pool Plaster and Tile Replacement and West Campus Pool Plaster, Tile, and Filter Replacement](https://www.cityofberkeley.info/Clerk/City_Council/2022/03_Mar/Documents/2022-03-08_Item_08_Measure_T1_Contract__Western_Water_Features.aspx)

URL: https://www.cityofberkeley.info/Clerk/City_Council/2022/03_Mar/Documents/2022-03-08_Item_08_Measure_T1_Contract__Western_Water_Features.aspx

9. [Amendment to Contract No. 32000219 with Lind Marine - Removal of Derelict and Abandoned Vessels at the Berkeley Marina](https://www.cityofberkeley.info/Clerk/City_Council/2022/03_Mar/Documents/2022-03-08_Item_09_Amendment_to_Contract_No__32000219_with_Lind_Marine.aspx)

URL: https://www.cityofberkeley.info/Clerk/City_Council/2022/03_Mar/Documents/2022-03-08_Item_09_Amendment_to_Contract_No__32000219_with_Lind_Marine.aspx

10. [Lease Agreement with NFS Unlimited, LLC for Skates-on-the-Bay](https://www.cityofberkeley.info/Clerk/City_Council/2022/03_Mar/Documents/2022-03-08_Item_10_Lease_Agreement_with_NFS_Unlimited.aspx)

URL: https://www.cityofberkeley.info/Clerk/City_Council/2022/03_Mar/Documents/2022-03-08_Item_10_Lease_Agreement_with_NFS_Unlimited.aspx

11. [Updates to the Measure T1 Phase 1 Project List](https://www.cityofberkeley.info/Clerk/City_Council/2022/03_Mar/Documents/2022-03-08_Item_11_Updates_to_the_Measure_T1_Phase_1_Project_List.aspx)

URL: https://www.cityofberkeley.info/Clerk/City_Council/2022/03_Mar/Documents/2022-03-08_Item_11_Updates_to_the_Measure_T1_Phase_1_Project_List.aspx

12. [Donation: Memorial Bench at the Berkeley Marina in front of M-Dock in memory of Roger Garfinkle](https://www.cityofberkeley.info/Clerk/City_Council/2022/03_Mar/Documents/2022-03-08_Item_12_Donation__Memorial_Bench_at_the_Berkeley_Marina.aspx)

URL: https://www.cityofberkeley.info/Clerk/City_Council/2022/03_Mar/Documents/2022-03-08_Item_12_Donation__Memorial_Bench_at_the_Berkeley_Marina.aspx

February 22, 2022

8. [Grant Application: Clean California Local Grant Program – Civic Center Plaza Turtle Garden Beautification Project](https://www.cityofberkeley.info/Clerk/City_Council/2022/02_Feb/Documents/2022-02-22_Item_08_Grant_Application__Clean_California_pdf.aspx)

URL: https://www.cityofberkeley.info/Clerk/City_Council/2022/02_Feb/Documents/2022-02-22_Item_08_Grant_Application__Clean_California_pdf.aspx

9. [Donation: Memorial Bench at Cesar Chavez Park in memory of Susan P. Kwong](https://www.cityofberkeley.info/Clerk/City_Council/2022/02_Feb/Documents/2022-02-22_Item_09_Donation_Bench_Kwong_pdf.aspx)

URL: https://www.cityofberkeley.info/Clerk/City_Council/2022/02_Feb/Documents/2022-02-22_Item_09_Donation_Bench_Kwong_pdf.aspx

10. [Donation: Memorial Bench at the Berkeley Rose Garden in memory of Asia Blau Feese](https://www.cityofberkeley.info/Clerk/City_Council/2022/02_Feb/Documents/2022-02-22_Item_10_Donation_Bench_Blau_Feese_pdf.aspx)

URL: https://www.cityofberkeley.info/Clerk/City_Council/2022/02_Feb/Documents/2022-02-22_Item_10_Donation_Bench_Blau_Feese_pdf.aspx

11. [Donation: Memorial Bench at Cesar Chavez Park in memory of Anne Rogin Blau](#)

URL: https://www.cityofberkeley.info/Clerk/City_Council/2022/02_Feb/Documents/2022-02-22_Item_11_Donation_Bench_Rogin_Blau_pdf.aspx

12. Donation from the Rorick Family Trust for Strawberry Creek

URL: https://www.cityofberkeley.info/Clerk/City_Council/2022/02_Feb/Documents/2022-02-22_Item_12_Donation_from_the_Rorick_Family_pdf.aspx

13. Donation: Memorial Bench at Shorebird Park in memory of Key Slay

URL: https://www.cityofberkeley.info/Clerk/City_Council/2022/02_Feb/Documents/2022-02-22_Item_13_Donation_Bench_Slay_pdf.aspx

Your source for the latest research news

Walkable neighborhoods can reduce prevalence of obesity, diabetes

Date: February 24, 2022

Source: The Endocrine Society

Summary: People who live in walkable neighborhoods with access to parks and other outdoor activities are more active and less likely to have diabetes or obesity, according to a new article.

FULL STORY

People who live in walkable neighborhoods with access to parks and other outdoor activities are more active and less likely to have diabetes or obesity, according to a new paper published in the Endocrine Society's journal, *Endocrine Reviews*.

Nearly half of the adults in the United States have obesity, and over 11 percent of the U.S. population has diabetes. Researchers and policymakers have been searching for an effective way to promote healthy lifestyles at a population level to address these dual epidemics.

The built environment is the humanmade structures that provide people with living, working and recreational spaces. This environment includes buildings, neighborhoods, parks, bike paths, restaurants, shops, roads and public transportation. Human health is affected by the physical environments we construct.

"The built environment can influence physical activity levels by promoting active forms of transportation, such as walking and cycling over passive ones, such as car use," said Gillian L. Booth, M.D., M.Sc., of the University of Toronto, St. Michael's Hospital of Unity Health Toronto and ICES in Ontario, Canada. "Shifting the transportation choices of local residents may mean that more members of the population can participate in physical activity during their daily routine without structured exercise programs."

The researchers reviewed several studies on the built environment and their effects on public health and found walkable, activity-friendly cities and neighborhoods were associated with a lower risk of obesity and diabetes. One large population-based study of 32,767 people found the prevalence of obesity among adults living in highly walkable neighborhoods compared to those living in low walkability areas was 43% vs. 53%.

A study of 1.1 million adults with normal blood sugar levels found the incidence of pre-diabetes was 20% higher among people living in less walkable areas after 8 years of follow up. Another study of 1.6 million adults found a 30% to 50% higher likelihood of developing diabetes among people living in low

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versus highly walkable areas. In a population-based Canadian study, moving from an unwalkable to a highly walkable neighborhood was associated with a 54% lower likelihood of being diagnosed with high blood pressure.

The paper also noted that air pollution and high concentrations of fast-food restaurants are risk factors for diabetes and can substantially reduce the benefits of living in a walkable neighborhood.

"We need policies that promote healthier eating habits and opportunities to engage in active forms of transportation," said Booth. "Designing neighborhoods that have safe and effective public transit options, cycling infrastructure and walking paths may reduce traffic related pollution."

The co-lead author of this study is Nicholas A. Howell, M.D., Ph.D., of the University of Toronto.

The study received funding from the Canadian Institutes of Health Research.

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Story Source:

Materials provided by **The Endocrine Society**. *Note: Content may be edited for style and length.*

Journal Reference:

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1. Nicholas A Howell, Gillian L Booth. **The weight of place: Built environment correlates of obesity and diabetes.** *Endocrine Reviews*, 2022; DOI: 10.1210/endrev/bnac005

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<www.sciencedaily.com/releases/2022/02/220224091123.htm>.

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Feb. 28, 2022 — A new report by the Intergovernmental Panel on Climate Change says that up to 3.6 billion people are highly vulnerable to climate change, largely from extreme heat, heavy rainfall, drought and fire.

Purple 'superfood' tomato could finally go on sale in the US

Feb. 23, 2022 — A small company has applied for approval in the US to sell a genetically modified tomato that is rich in the beneficial pigments found in blueberries.

Pet dogs really do grieve the deaths of other dogs they live with

Feb. 24, 2022 — Nearly all dogs that lose a "companion" dog from the same household show behaviours like going off their food and seeking more human attention.

Largest ever family tree of humanity reveals our species' history

Feb. 24, 2022 — A genealogy of humans constructed from thousands of genomes gives us clues about where our species first evolved and how we spread across the world.

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Centenarian Study Suggests Living Environment May Be Key to Longevity

June 17, 2020 — Where you live has a significant impact on the likelihood that you will reach centenarian age, suggests a new study. New research suggests that people who live in highly walkable, mixed-age ...

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