

Health, Housing & Community Services Mental Health Commission

Mental Health Commissioners To:

From: Jamie Works-Wright, Commission Secretary

Date: October 15, 2020

Documents Pertaining to 10/22/20 Agenda items:

Agenda Item	Description	Page	
2. A.	Approval of October 22, 2020 Meeting Agenda	1	
2. C.	Approval of September 24, 2020 Meeting Minutes		
Email Correspondence	Description	7 8 10 11	

Office: 1521 University Ave, Berkeley, CA 94703 • bamhc@cityofberkeley.info

(510) 981-7721 • (510) 486-8014 FAX

Berkeley/ Albany Mental Health Commission

Regular Meeting Thursday, October 22, 2020

Time: 7:00 p.m. - 9:00 p.m. Zoom meeting https://zoom.us/j/97802689308

Public Advisory: Pursuant to Section 3 of Executive Order N-29-20, issued by Governor Newsom on March 17, 2020, this meeting of the Mental Health Commission will be conducted exclusively through teleconference and Zoom Videoconference. Please be advised that pursuant to the Executive Order and the Shelter-in Place Order, and to ensure the health and safety of the public by limiting human contact that could spread the COVID-19 virus, there will not be a physical meeting location available.

To access the meeting remotely: Join from a PC, Mac, and IPad, IPhone or Android device: Please use the URL: https://zoom.us/j/97802689308. If you do not wish for your name to appear on the screen, then use the drop down menu and click on "rename" to rename yourself to be anonymous. To request to speak, use the "raise hand" icon by rolling over the bottom of the screen.

To Join by phone: Dial 1-669-900-9128 and enter the meeting ID <u>978 0268 9308.</u> If you wish to comment during the public comment portion of the agenda, Press *9 and wait to be recognized by the Chair.

Please be mindful that the teleconference will be recorded, and all other rules of procedure and decorum will apply for Council meetings conducted by teleconference or videoconference.

All agenda items are for discussion and possible action

Public Comment Policy: Members of the public may speak on any items on the Agenda and items not on the Agenda during the initial Public Comment period. Members of the public may also comment on any item listed on the agenda as the item is taken up. Members of the public may not speak more than once on any given item. The Chair may limit public comment to 3 minutes or less.

AGENDA

7:00pm

- 1. Roll Call
- 2. Preliminary Matters
 - a. Action Item: Agenda Approval
 - **b.** Public Comment
 - c. Action Item: Approval of the September 24, 2020 Minutes

- 3. Discussion of emergency mental health crisis response services, including models and funding of mental health crisis services
 - a. Update on Special Care Unit (SCU) project and the role of MHC in that process
 - b. Update on RFP process
 - c. Status of Subcommittee on Emergency Mental Health Response
 - d. Report and data on Emergency Mental Health Response in Berkeley including HOTT, MCT and TOT (from March to most recent)
- 4. Current efforts to meet the Emergency Mental Health needs of Berkeley residents
 - a. Staffing/hiring
 - b. Access to services
 - c. Outreach
- 5. Discussion and Possible Action on Subcommittee Reports
 - a. Mobile Crisis Subcommittee Report
- 6. Prioritize Agenda Items of December Meeting
- 7. Adjournment

Communications to Berkeley boards, commissions or committees are public record and will become part of the City's electronic records, which are accessible through the City's website. Please note: Email addresses, names, addresses, and other contact information are not required, but if included in any communication to a City board, commission or committee, will become part of the public record. If you do not want your e-mail address or any other contact information to be made public, you may deliver communications via U.S. Postal Service or in person to the secretary of the relevant board, commission or committee. If you do not want your contact information included in the public record, please do not include that information in your communication. Please contact the secretary to the relevant board, commission or committee for further information. The Health, Housing and Community Services Department does not take a position as to the content.

Contact person: Jamie Works-Wright, Mental Health Commission Secretary (510) 981-7721 or <u>Jworks-wright@cityofberkeley.info</u>

Communication Access Information: This meeting is being held in a wheelchair accessible location. To request a disability-related accommodation(s) to participate in the meeting, including auxiliary aids or services, please contact the Disability Services specialist at 981-6418 (V) or 981-6347 (TDD) at least three business days before the meeting date. Please refrain from wearing scented products to this meeting. Attendees at trainings are reminded that other attendees may be sensitive to various scents, whether natural or manufactured, in products and materials. Please

help the City respect these needs. Thankyou.

SB 343 Disclaimer

Any writings or documents provided to a majority of the Commission regarding any item on this agenda will be made available for public inspection in the SB 343 Communications Binder located at the Adult Clinic at 1521 University Ave, Berkeley, CA 94703



Department of Health, Housing & Community Services Mental Health Commission

Berkeley/Albany Mental Health Commission Draft Minutes

7:00pm Zoom Webinar Regular Meeting September 24, 2020

Members of the Public Present: boona cheema, Margaret Fine, Tim Pray, Andrew Philips, Anita Smith, Jackie Ortiz, Eddie Buchan, John Darby, Leslie Berkler, Caroline de Bie, Ann Michell, Shawn Rowlan

Staff Present: Andrea Bates, Karen Klatt, Fawn Downs, Steve Grolnic-McClurg, Jamie Works-Wright, Lisa Warhuus

1. Call to Order at 7:05pm

Commissioners Present: Ann Hawkins, Cheryl Davila, Paul Kealoha-Blake, Maria Moore, Edward Opton, Andrea Prichett **Absent:**

2. Preliminary Matters

A. Approval of the January 23, 2020 Agenda
 M/S/C (Prichett, NA) Motion to approve the September 24, 2020 Agenda–PASSED

Ayes: Hawkins, Davila, Kealoha-Blake, Moore, Opton, **Noes:** None; **Abstentions:** Prichett: **Absent:** None

- **B.** Public Comment Andrew Phelps former chair and welcomed everyone Leslie Berkler, Women Day time drop in center- Concern of the HOTT team
- C. Approval of the February 27, 2020 Minutes

M/S/C (Davila, Kealoha-Blake) Motion to approve the February 27, 2020 minutes – PASSED

Ayes: Davila Kealoha-Blake, Moore, Opton, Prichett **Noes:** None; **Abstentions:** Hawkins; **Absent:** None

3. Mental Health Service Act -3-year plan Presentation by Karen Klatt MHSA Coordinator

M/S/C (Davila, Kealoha- Blake) Motion to end the public comment PASSED

Ayes: Hawkins, Davila Kealoha-Blake, Moore, Prichett Noes: None; Abstentions: None

Absent: Opton

❖ M/S/C/ (Prichett, Davila) Motion to extend the meeting to 9:15

Ayes: Ayes: Hawkins, Davila Kealoha-Blake, Moore, Prichett Noes: None; Abstentions: None

Absent: Opton

3a. Mental Health Service Act 3-year Plan Presentation by Karen Klatt MHSA Coordinator

M/S/C (Davila, Hawkins) Motion to include the Africa American Holistic Center to adjust the budget to fund the program of 250K

PASSED

Ayes: Davila, Hawkins, Kealoha-Blake, Moore, Opton, Prichett Noes: None;

Abstentions: None: Absent: None

3b. Mental Health Service Act 3-year Plan Presentation by Karen Klatt MHSA Coordinator

M/S/C (Prichett, Davila) Motion to approve the report and forward to the city council for approval

PASSED

Ayes: Davila, Hawkins, Kealoha-Blake, Moore, Opton, Prichett Noes: None;

Abstentions: None; Absent: None

4. Interview and vote on nomination of boona cheema to the Mental Health Commission

M/S/C/ (Prichett, Davila) Motion to send the nomination of boona cheema to the city council for approval and reinstatement to the mental health commission **PASSED**

Ayes: Davila, Hawkins, Kealoha-Blake, Moore, Opton, Prichett Noes: None;

Abstentions: None; Absent: None

5. Interview and vote on nomination of Margaret Fine to the Mental Health Commission

M/S/C/ (Davila, Prichett) Motion to have her join back to the mental health commission

PASSED

Ayes: Davila, Hawkins, Kealoha-Blake, Moore, Opton, Prichett Noes: None:

Abstentions: None; Absent: None

- 6. Discussion of mental health crisis services, including models and funding of mental health crisis services - Tabled
- 7. Discussion and Possible Action on Subcommittee Reports Tabled-
 - A. Mobile Crisis Subcommittee Report
- 8. Prioritize Agenda Items of October Meeting Tabled

9.	 Adjournment – 9:19pm M/S/C (Davila, Prichett) Motion to adjourn the meeting – PASSED Ayes: Davila, Hawkins, Kealoha-Blake, Moore, Opton, Prichett Noes: None Abstentions: None; Absent: None 		
Min	utes submitted by:		
	•	Jamie Works-Wright, Commission Secretary	

From: Berkeley/Albany Mental Health Commission

To: Works-Wright, Jamie **Subject:** FW: Former commisioner

Date: Tuesday, October 13, 2020 8:06:18 PM

I am forwarding this email from a former commissioner. If you are incline to respond to him, his email is below.

From: Herve Michel [mailto:michelherve506@gmail.com]

Sent: Tuesday, October 13, 2020 6:22 PM

To: Berkeley/Albany Mental Health Commission <BAMHC@cityofberkeley.info>; Works-Wright,

Jamie <JWorks-Wright@cityofberkeley.info>

Subject: Re: Former commisioner

Hi Jami,

I was a member of theMenatal Health and Safety Commission and left in good standing with the commission and the Staff. I would like for you to forward my email information to Carrol, and the Commission secretary who followed and also to the members of the commission such as Paul Blake and other members of the commission at the time. Also my old Psychologist and Psychiatrist Daniel Unger. Forward my email and request for communication with an intent to request letters of recommendation for graduate programs.

With Sincere Appreciation,

Jean-Marie Herve Michel, Jr.

On Tue, 13 Oct 2020 at 16:24, Berkeley/Albany Mental Health Commission < BAMHC@cityofberkeley.info> wrote:

Hello Michael,

I am the current secretary for the commission my name is Jamie Works-Wright and my direct email is jworks-wright@cityofberkeley.info, how can I help you?

From: Herve Michel [mailto:michelherve506@gmail.com]

Sent: Wednesday, October 07, 2020 6:09 AM

To: Berkeley/Albany Mental Health Commission < <u>BAMHC@cityofberkeley.info</u>>

Subject: Former commisioner

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I'm a former commissioner and i'm trying to reach Paul, Carol and or the last secretary of the commision

 From:
 Works-Wright, Jamie

 To:
 Works-Wright, Jamie

 Subject:
 FW: Re: HOTT

Date: Tuesday, October 13, 2020 4:22:02 PM

Please see information below from Commissioner Prichett

From: Andrea Prichett [mailto:prichett@locrian.com]

Sent: Tuesday, October 13, 2020 4:08 PM

To: Works-Wright, Jamie < JWorks-Wright@cityofberkeley.info>

Subject: Fwd: Re: HOTT

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Hello Jamie,

Can you please share this email with the other commissioners. I believe these are excellent and I hope we can discuss these and ways to get answers to these questions..

- Andrea

On 10/1/20 11:42 PM, Edward Opton wrote:

Can we get a report on the HOTT program at the MHC's next meeting. Information about HOTT will help the MHC to advise the City Council, the City Manager, and the Mental Health Division. It will be especially helpful to have information about:

- * What was the original rationale for establishing HOTT?
- * What changes have occurred in HOTT since its establishment, especially:
- *changes in staffing
- * changes in methods
- * changes in hours of service
- * changes in services provided, e.g., psychotherapy? Efforts to link clients with other social services? Transportation to other social or psychiatric services? Efforts related to pharmaceutical treatments? Referrals to psychiatrists? Referrals to City of Berkeley mental health clinics? Other?
- *What were the reasons for the changes?
- * To what extent have the changes achieved HOTT's objectives?
- * Does Berkeley's mental health service contemplate substantial changes in HOTT in the foreseeable future? If so, why?

- * For example, dissolution?
- * Augmentation?
- * Increase or reduction in personnel? * Changes in services offered?
- * In the opinion of the Mental Health Division, what have been HOTT's most important successes? Its significant shortcomings, if any?

The most helpful form of report would be a written report followed up by discussion at the meeting.

From: Klatt, Karen
To: Klatt, Karen

Subject: Town Hall for Homeless Innovation Project **Date:** Tuesday, September 29, 2020 2:00:15 PM

Attachments: 2020-09-22 MHSA INN Press Release for use with partners.docx

Importance: High

Greetings!

The Mental Health Division invites everyone in Berkeley to participate in an online Town Hall on Wednesday, October 14th from 5:00-7:00pm to share ideas and strategies on innovative mental health services for the homeless population. The Town Hall will be facilitated by a local consultant, Resource Development Associates. Attached is a Press Release on the Town Hall.

The City of Berkeley is seeking ideas for new mental health services for the homeless population, with a specific focus on innovative ideas that reach unhoused individuals who have not been interested in services as they are currently structured. The Town Hall will be one element that informs how the City will use state funds for innovative mental health services.

Services identified through this process will be funded through Mental Health Services Act (MHSA) Innovation funds. MHSA is funding the City receives from the State of California on an annual basis to implement mental health services in Berkeley. These funds allow the City of Berkeley to provide unique targeted mental health services to Berkeley residents entirely funded through State and leveraged Federal money. In order to utilize MHSA funding, a stakeholder informed plan has to be developed and locally approved. The ideas generated at this Town Hall will support the planned creation of a large multi-year project that will be implemented by a community-based provider.

Information on how to join in on the Town Hall is in the attached Press Release and outlined below:

Virtual Town Hall: October 14, 2020 5-7pm

Zoom Meeting ID: 977 1065 7303

Zoom Password: 650230

To access the town hall online, use the following URL: https://zoom.us/j/97710657303? pwd=SnRtZ3Nvd1hTWWFJVEJaT1I1empJZz09 To join by phone: Dial 1-669-900-6833 and

then enter Meeting ID: 977 1065 7303.

Please Share widely with anyone you think would be interested in participating in this process!

Thanks,

Karen

Karen Klatt, MEd MHSA Coordinator City of Berkeley Mental Health

PROVIDE IDEAS FOR NEW MENTAL HEALTH SERVICES AND SUPPORTS FOR INDIVIDUALS WHO ARE EXPERIENCING HOMELESSNESS

Online Town Hall is open to all

The Mental Health Division invites everyone in Berkeley to participate in an <u>online Town Hall</u> on Wednesday, October 14th from 5:00-7:00pm to share ideas and strategies on innovative mental health services for the homeless population. The Town Hall will be facilitated by a local consultant, Resource Development Associates.

The City of Berkeley is seeking ideas for new mental health services for the homeless population, with a specific focus on innovative ideas that reach unhoused individuals who have not been interested in services as they are currently structured. The Town Hall will be one element that informs how the City will use state funds for innovative mental health services.

Leveraging State and Federal Resources to Support Mental Health in Berkeley

Services identified through this process will be funded through Mental Health Services Act (MHSA) Innovation funds. MHSA is funding the City receives from the State of California on an annual basis to implement mental health services in Berkeley. These funds allow the City of Berkeley to provide unique targeted mental health services to Berkeley residents entirely funded through State and Federal money. In the coming year, MHSA will bring about six million dollars of funding to Berkeley. In order to utilize MHSA funding, a stakeholder informed plan has to be developed and locally approved. The ideas generated at this Town Hall will support the planned creation of a large multi-year project that will be implemented by a community-based provider.

Focus on Mental Health Services for the Unhoused

Over multiple local mental health planning processes, the community has repeatedly indicated the need for additional services for the homeless population. The City of Berkeley has over 1,000 unhoused individuals, and it is estimated that between 40-50% experience behavioral health challenges of some kind.

When homeless individuals do engage with mental health services, their lives often improve through obtaining housing, decreased criminal justice involvement, improved physical health, and increased income. While the Health, Housing and Community Services Department has implemented many successful programs to support unhoused individuals, including mental health programs, there remains a large number of individuals who qualify for mental health services but do not participate in those services. This Town Hall will focus on generating ideas for innovative ways to better engage those individuals in mental health services.

Provide Your Ideas on Innovative Mental Health Services

The Town Hall will focus on how to engage and provide mental health services, and will not address how to create more housing. The funding that is available can only be utilized for mental health services, and requires that the program it is spent on is innovative and different than what has already been provided in the mental health system. Berkeley has a long history of providing mental health services to homeless individuals, including wide use of homeless outreach, intensive wraparound service teams,

and <u>mobile crisis teams</u>. The virtual town hall will look at drawing out new and innovative solutions from community members.

Virtual Town Hall:

October 14, 2020 5-7pm

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Zoom Password: 650230

To access the town hall online, use the following URL:

https://zoom.us/j/97710657303?pwd=SnRtZ3Nvd1hTWWFJVEJaT1I1empJZz09 To join by phone: Dial 1-669-900-6833 and then enter Meeting ID: 977 1065 7303.

To request a disability-related accommodation(s) to participate in the meeting, including auxiliary aids or services, please contact the Disability Services Specialist at (510) 981-6418 (V) 0r (510) 981-6347 (TDD) at least three business days before the meeting date. For translation needs for the meeting please contact Karen Klatt at (510) 981-7644 by Wednesday, October 7, 2020.

By improving the health, wellness, and stability of some of our most vulnerable residents, we enhance the well-being of our entire community. Join us for an important conversation on how to provide new mental health services and supports for individuals who are experiencing homelessness.

From: Works-Wright, Jamie
To: Works-Wright, Jamie

Subject: FW: REMINDER: 10/1 MEETING and/or 10/2 TRAINING (CALBHB/C) - Please share!

Date: Tuesday, September 29, 2020 10:42:05 AM

From: CAL BHBC [mailto:cal@calbhbc.com]
Sent: Tuesday, September 29, 2020 10:39 AM

To: Works-Wright, Jamie <JWorks-Wright@cityofberkeley.info>; prichett@locrian.com **Subject:** REMINDER: 10/1 MEETING and/or 10/2 TRAINING (CALBHB/C) - Please share!

WARNING: This email originated outside of City of Berkeley. **DO NOT CLICK ON** links or attachments unless you trust the sender and know the content is safe.

REMINDER: 10/1 MEETING and/or 10/2 TRAINING: Please share with mental/behavioral health board/commission members and staff! Thanks!



CALBHB/C Central Meeting & Training Teleconferences (Open Statewide)

Register now for the CALBHB/C Central Region Meeting and/or Training! Open discussion priority will be given to Central Region mental/behavioral health board/commission members. There is no fee to register.

October 1, 10:00 - 12:30 Meeting Meeting Registration

The meeting will include:

- CALBHB/C: Open Discussion of Local and Statewide Mental/Behavioral Health Issues
- Mental Health Services Oversight & Accountability Commission (MHSOAC) Update
- CA Pan-Ethnic Health Network (CPEHN) Presentation – CPEHN is an MHSOAC

October 2, 12:30 - 3:30 pm Training Training Registration

The training will include:

- Duties Reviewing, advising, making recommendations, ensuring community input and more!
- Membership Requirements
- Performance Outcome Data

Stakeholder Contractor representing diverse racial and ethnic communities

- Mihae Jung, CPEHN Community Advocacy Director
- Carolina Valle, CPEHN Senior Policy Manager
- Telehealth during a Public Health Emergency (2020 CBHPC Data Notebook Topic)
 - Dr. Tonya Wood, President, CA Psychological Association (Tentative)
 - Jane Adcock, Executive Officer, CA Behavioral Health Planning Council (CBHPC)

- Fiscal Information
- MHSA Community Program Planning
- "Unconscious Bias" Learn how to advise within the context of culturally, ethnically and racially diverse communities.

CALBHB/C supports the work of CA's 59 local Mental/Behavioral Health Boards and Commissions